

WINTER/SPRING 2019 PROGRAM GUIDE

We're Serving Up YOUR Next Great Experience

Our menu of youth, family and adult programs includes:

- New Family Fun
- More Tai Chi & Fitness
- Sports Leagues
- And More



Photo: Parent/Child Cooking - Page 13

Register online at www.prcommunityed.org



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Fitness**
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Focus On You This Winter/Spring

No matter your taste, we've got something for you to savor this winter and spring with more family programs, greater fitness offerings, the great outdoors and more!

Summer Expo

Plan your child's summer with over 90 local and regional exhibitors at Summer Expo (Pg. 17) on February 10 at Marquette High School. Be sure to join us at this FREE event. See who will be there and find out more at www.summerexpostl.com!



Even More Fitness Programs For You

No matter your fitness level or pace, there's an exercise program perfect to get you moving and feeling great! Our popular Tai Chi programs have expanded (Pg. 25) to better serve you.

We offer a variety of fitness classes (Pgs. 26-27) and there are even more yoga classes available (Pgs. 28-29) where everyone is welcome!

Family Fun

We've got all sorts of fun and new ways for you to take time out of your busy schedule and reconnect with your child and make memories.

Join us for Group Guitar (Pg. 6), brand new art and dance programs (Pg. 8) and a variety of family enrichment programs like Chess, French, Minecraft and more (Pg. 9) and Parent-Child Cooking (Pg. 13).



About Us

Parkway-Rockwood Community Ed is a partnership between the Parkway and Rockwood School Districts that provides high quality programs and services that enhance the quality of life for residents.

What We Do

Provide experiences for today, tomorrow and life.



Our Pledge to the Community

We care about your experience. At Community Ed, we constantly strive to make programs more enriching, accessible and engaging so you have the best experience possible while learning and having fun.

Please note: Program details are subject to change. For the most updated information visit www.prcommunityed.org or call or text 636.891.6644 for more information.



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We're Hiring! Text HIREME to 636.891.6644

- Want to share your talents with others while having a great time at work?
- Want to positively impact the lives of others?
- Want a part-time job that works around your busy schedule?
- Want to gain some great experience that you can use for the future?

If you answered YES to any of these questions, then we've got a job for you! Join our team! Text HIREME to 636-891-6644.

We're currently hiring for both school-year and summer positions. Part-time openings include:

- Adventure Club activity assistants
- SwimAmerica instructors and site supervisors
- Outdoor Ed camp instructors and camp counselors
- Enrichment and art instructors
- Sports and fitness instructors

Join our team today! Text HIREME to 636.891.6644 for more info and to tell us a little about yourself.





Unleash the Dancer Within You

YOUTH DANCE

Hip Hop Dance

Do you love to dance and listen to great music? Come dance to the beat as we focus on different techniques and choreography with Hip Hop and Jazz. We will have a mini-recital for parents on the last day of class. Offered in partnership with Tippi Toes Dance Company.

Ages 6-11

Wednesdays | Starts Jan. 23 | 10 sessions
6:15-7:15 p.m. | Kehrs Mill Elementary | \$130



Get into the groove in one of our engaging and fun dance programs.

Ballet, Tap and Jazz Dance

Youngsters will get a taste of three types of dance using high-energy music. This is a great way to have fun and move while getting introduced into dance. Dancers may wear comfortable clothing or dance attire. Ballet slippers are preferred but not required. Offered in partnership with Tippi Toes Dance Company.

Ages 3-6

Mondays | Starts Jan. 28 | 10 sessions
6:15-7:15 p.m. | Ross Elem. or Kehrs Mill Elem.
\$130

ADULT DANCE

Ballroom, Latin and a Little Bit of Swing

Have a passion for dance and want to look like a professional? Want to learn something new with your significant other? Come join in the fun and learn new dances in this interactive dance class. Taught by Community Ed instructors Brian and Joan Lashley.

Ages 18+

Mondays | Starts Jan. 28 | 10 sessions
7:30-9 p.m. | Parkway West High
\$49 | Gold Card/Golden Key Card does not apply

Beginning Country Line Dancing

No need for a partner but bring your friends and have a lot of fun while getting great exercise! Learn basic line dances from beginning to intermediate; Electric Slide, Slapping Leather, River Waltz and many more. Taught by Community Ed Instructor Beth Goyer.

Ages 18+

Mondays | Starts Jan. 28 | 10 sessions
6-7:30 p.m. | Parkway West Middle
\$59 | \$29.50 Gold Card/Golden Key Card

Intermediate Country Line Dancing

If you love to country line dance and already took the beginner class then this is the place for you! Learn Wild Stallion, Rockin' the Wagon Wheel, Boot Scootin' Boogie and many more. Taught by Community Ed Instructor Beth Goyer.

Ages 18+

Wednesdays | Starts Jan. 30 | 10 sessions
6-7:30 p.m. | Parkway West Middle
\$59 | \$29.50 Gold Card/Golden Key Card



Dance and have a great time in one of our adult classes. There's something for everyone.



New Interactive Feature: Click a program name to learn more and register!



Discover Your Creative Side

YOUTH ARTS

Kids Night Out - Winter Wonderland

Grab your friends and get ready to celebrate winter. We will use all sorts of art mediums to create fun winter art projects. We will provide pizza and fun! Taught by Community Ed instructor

Gr. K-5

Friday | January 25 | 6-8 p.m.

Hanna Woods Elementary | \$25

Kids Night Out - Spring Spectacular

It's time for Spring! Come enjoy time with friends as we create crafts to celebrate the April showers and May flowers! We will create different art projects and celebrate with pizza and fun!

Gr. K-5

Friday | March 29 | 6-8 p.m.

Hanna Woods Elementary | \$25

Madhubani Art (Indian Folk Art)

Explore new forms of art! Students will learn Gond and Madhubani paintings. These styles of ancient Indian Folk art are inspired by nature. Students will use bright acrylic colors on different mediums (paper, canvas, wood) and will further develop their skills in painting intricate designs through the course. Taught by Community Ed Instructor Gayathri Seetharaman.

Ages 12-18

Thursdays | Starts Jan. 24 | 6 sessions

6-7:30 p.m. | Parkway Central High | \$89

Thursdays | Starts March 28 | 6 sessions

6-7:30 p.m. | Parkway Central High | \$89

ADULT ARTS

Photo Canvas Transfer

Learn how to create a photo canvas using a simple transfer technique. We'll walk you through a step-by-step guide of the transfer so you can bring your pictures to life. Taught by Community Ed Instructor Shannon Darnell.



Ages 18+

Tuesday | Feb. 12 | 6-8 p.m.

Rockwood South Middle | \$19

ADULT ARTS

Jewelry Making Combo Class

Discover your own creativity in this all-new class. We will discuss jewelry design as well sparking your imagination and using different mediums to create jewelry, earrings and more. Taught by Community Ed Instructor Shannon Darnell.



Ages 18+

Thursday | March 28 | 6-8 p.m.

Rockwood South Middle | \$59

Jewelry Making Earrings

Learn the ins and outs of basic jewelry making. Bring your friends and use different materials to bring out your inner fashionista to make gorgeous and unique jewelry. No experience necessary. Taught by Community Ed Instructor Shannon Darnell.



Ages 18+

Wednesday | Jan. 23 | 6-8 p.m.

Rockwood South Middle

\$65 | \$32.50 Gold Card/Golden Key Card

Valentine's Heart Painting

Come create a gift for your sweetheart. Paint a nice composition with a heart or hearts in one session. You will leave with a completed painting on canvas. Taught by Community Ed instructor Laura Weinrich.



Ages 18+

Thursday | Feb. 7 | 6-8 p.m.

Parkway Central High | \$19

Weaving - Placemats

Do you want to explore weaving? Come discover your creative side using basic weaving skills to create placemats. No experience necessary, just be ready to learn something new and have fun. Taught by Community Ed Instructor Shannon Darnell.



Ages 18+

Wednesday | Feb. 20 | 6-8 p.m.

Geggie Elementary | \$19



Find Your Inner Musician

PERFORMING ARTS

Auditioning for the Inexperienced

Actors at any level get anxious about auditioning. Fear not – there are effective ways to make a strong impression with an auditor. Learn how to select smart audition pieces, cold reading audition formats, and general audition techniques. No auditioning experience necessary, just a desire to work on those fears and to learn rubrics which can make a difference for you in casting. Taught by Community Ed Instructor Laura Fontana.

Ages 6 and Up

Tuesday | March 12 | 6-8 p.m.

Crestview Middle | \$19

SPOTLIGHT
Productions
Auditions April 5-6

Ever wanted to be in the Spotlight?
Join us for our full-scale camp-style production this summer! Auditions for anyone ages 6 and up. Learn more online beginning March 1 at www.prcommunityed.org/spotlightproductions.

Making Mighty Magicians

Would you like to write and perform your own magic show? You will make tricks as well as use supplies from a magic shop. With your new “magician name,” tricks we learn and a stage, we are ready for the magic to happen! Taught by Community Ed Instructor Paul Gregor.

Grades 4-6

Mondays | Starts Jan. 28 | 10 Sessions

6-7 p.m. | Parkway Northeast Middle

\$49/person

YOUTH AND ADULT MUSIC

Group Guitar

Create special memories as you learn the basics of playing the guitar, TOGETHER! This class is designed for one parent and one child to learn together and play together. Taught by Community Ed Instructor Paul Gregor.

Ages 12+ and Parent

Wednesdays | Starts Jan. 23 | 10 Sessions

6-7 p.m. | Parkway NE Middle | \$49/person



You and your child, grandchild, niece or nephew can experience the joy of learning guitar with our Group Guitar class.

SINGING

Show Choir

Show Choir is back this Spring! If you missed the chance to join the choir in the fall, now is your chance. Come join us to learn, prepare and perform popular music (and some classical), as well as different vocal techniques and the basics of being in a choir. Your child will learn how to add text interpretation, facial and body expression, and many performance skills to songs. It will conclude with a concert that all are welcome to attend. Led by Community Ed Instructor Daniel Cogan.

Grades 3-8

Mondays | Rehearsals Start Feb. 4 | 10 sessions

Beginner | 5:30-7 p.m.

Intermediate | 7-8:30 p.m.

Parkway West High | \$125 Payable after acceptance into program

Auditions are Jan. 28. **To schedule your audition visit www.prcommunityed.org/vpa.**

New Interactive Feature:
Click a program name to
learn more and register!



Discover Your Creative Side

ADULT ARTS

Beginning Digital Photography

Do you think only professional photographers using high-end DSLR can take stunning photos? Come see how you can take good photos using a point-and-shoot camera. We'll cover the basics of digital photography, some camera recommendations, and an analysis of techniques for photographing fireworks, flowers and other subjects.



Ages 18+

Tuesdays | Starts Jan. 22 | 6 sessions

7-8:30 p.m. | Crestview Middle

\$59 | \$29.50 *Gold Card/Golden Key Card*

Thursdays | March 28 | 6 sessions

7-8:30 p.m. | Parkway Central Middle

\$59 | \$29.50 *Gold Card/Golden Key Card*

Beginning Adult Acrylic Painting

Release your creativity and learn to see with wonder! We will immerse ourselves in color and learn to paint with joy. You'll be equipped with skills to paint effortlessly. We will discuss materials, tools, techniques, composition, value and color theory. We will also focus on brush strokes, perspectives and design. We will apply the concepts learned to a canvas. Taught by Community Ed Instructor Laura Weinrich.

Ages 18+

Tuesdays | Starts Jan. 22 | 6 sessions

6-7:30 p.m. | Parkway North High | \$89

Thursdays | Starts Jan. 24 | 6 sessions

1-2:30 p.m. | Ellisville Elementary | \$89

Beginning Calligraphy

Calligraphy class for complete beginners, teaching the uncial style and basic fundamentals of calligraphy. This is the first in a series of four courses designed to give complete beginners experience with a range of calligraphy styles and techniques. Lefties welcome. Taught by Community Ed Instructor Cheryl Tefft.

Ages 18+

Wednesdays | Starts Jan. 23 | 10 sessions

6:30-8:30 p.m. | Parkway Northeast Middle | \$149

Electrical Switch Plate Mosaic

Come try Mosaic Art! Whether you feel you are creative or not, or have experience in arts, this class is for you. Come learn how to use tools to shape and design your masterpieces. Taught by Community Ed Instructor Shannon Darnell.



Ages 18+ | Monday | Jan. 28 | 6-8 p.m.

Rockwood South Middle | \$19

Floral Door Swag/Wreath

Express yourself in this all new hands on class as we create decorations to freshen the appearance of our houses. Showcase all your talent and impress your friends with your new style. Taught by Community Ed Instructor Shannon Darnell.



Ages 18+ | Monday | Feb. 4 | 6-8 p.m.

Eureka High

\$65 | \$32.50 *Gold Card/Golden Key Card*

Crafting Studio

Come and create projects in the craft studio. Paint a Fairy door/Tooth Fairy Door, a small birdhouse, create greeting cards embellished with the paper craft Quilling and a small spring art design. Projects will be presented as a how-to but each artist can place their spin on their finished piece. Taught by Community Ed Instructor Laura Weinrich.



Ages 18+ |

Mondays | Starts March 25 | 6 sessions

6-7:30 p.m. | Parkway Central High | \$89

Create Your Own Vision Board

What is a vision board? It's a simple, yet powerful tool that manifests your dreams into reality. Come spend the evening with us in a fun and relaxing environment cultivating your dreams and connecting with others. Taught by Community Ed instructor Angela Jurgensen.



Ages 18+ | Friday | April 12 | 6-8 p.m.

Crestview Middle | \$19



Create Masterpieces & Memories

FAMILY ARTS

Parent-Child Art

Back by popular demand! Explore the tools and techniques of a fine artist while having fun discovering the world of art with your child. Together as a team participate in different artistic media and techniques as we draw, paint, splatter, and create while making lasting memories. Taught by Community Ed Instructor Terry Neal.

Gr. K-5 and Parent
Tuesdays | Starts Jan. 22 | 6 sessions
6-7 p.m. | Selvidge Middle | \$35 per person

Mommy and Me Dance Class

Bond with your child in this all-new class for future budding dancers and their parents. You'll learn basic movements, coordination, creative dances and more. Designed for 3 years and up and an adult. Taught by Community Ed Instructors.

Grades Pre-K-1 and parent
Tuesdays | Starts Jan. 22 | 6 sessions | 6-7 p.m.
Rockwood South Middle | \$29 per person

Mosaic Frame Mommy and Me

Want to create an art frame with your child? Come spend the evening with us as we create, cut, paste and make memories together. Taught by Community Ed Instructor Shannon Darnell.

Grades Pre-K-3 and parent
Tuesday | Feb. 5 | 6-8 p.m.
Rockwood South Middle | \$10 per person

Create Your Own Vision Board

What is a vision board? It's a simple, yet powerful tool that manifests your dreams into reality. Come spend the evening with us in a fun and relaxing environment cultivating your dreams and connecting with others. Taught by Community Ed instructor Angela Jurgensen.

Grades K-5 and Parent
Friday | Feb. 22 | 6-8 p.m.
Crestview Middle | \$10 per person

Dine and Paint Night

Come show your creative side while enjoying some pizza and snacks. We will have a painter leading the program that parents can follow along with while the kids can choose to follow or show their own creative side. Taught by Community Ed Instructor Laura Weinrich.

Grades 1-5 and parent

Friday | Feb. 22 | 6-8 p.m.
Crestview Middle | \$10 per person
Friday | April 5 | 6-8 p.m.
Parkway Northeast Middle | \$10 per person



Explore your artistic side and spend time together with your family in one of our fun family art programs.

Parent-Child Acrylic Painting

Release your creativity and learn to see with wonder! We will immerse ourselves in color and learn to paint with joy! This class is designed to equip students with skills to paint effortlessly. We will discuss materials, tools, techniques, composition, value and color theory. We will also focus on brush strokes, perspectives and design. We will apply the concepts learned to a canvas. Taught by Community Ed Instructor Laura Weinrich.

Grades K-5 and parent
Thursdays | Starts March 28 | 6 sessions
6-7:30 p.m. | Parkway Central High
\$49 per person

New Interactive Feature: Click a program name to learn more and register!



Connect With Your Child

FAMILY PROGRAMS

Parent-Child French

Come enjoy our fun and full immersive French class tailored to ages and abilities. Learn the basics of the French language as well as the culture and customs. Taught by Community Ed instructor Mary Beth Schwartz.

Gr. K-5 and Parent
Tuesdays | Starts Jan. 22 | 6 sessions
6-7 p.m. | Parkway Southwest Middle
\$35 per person

Minecraft for the Family

Minecraft is an awesome online sandbox where players create interesting new environments and go on adventures with the things they build. Parents and children will learn and have fun together in this new class! We will start basic with Creative and Survival modes and move to advanced subjects like Redstone, Traps, the End, Nether, and more. Offered in partnership with EasyTech LLC.

Grades K-5 and Parent
Thursdays | Starts Jan. 24 | 6 sessions
6-7 p.m. | Crestview Mid. | \$89 per person

Grades 3-5 and Parent
Thursdays | Starts March 28 | 6 sessions
6-7 p.m. | Geggie Elementary | \$89 per person

Parent-Child Chess

No matter your age, chess is good for your brain. You and your child can bond while learning chess from the National Champion En Passant Chess Club Staff. No chess experience is necessary for this class since the basic fundamentals will be taught to those that need them. Higher level concepts and ideas will be taught to those that already have some chess knowledge. Chess Tournament rules and tournament play is also included in this class but is dependent on enrollment. Offered in partnership with Gabriel Boyd and En Passant Chess Club.

Grades K-5 with Parent
Mondays | Starts Jan. 28 | 6 sessions | 6-7 p.m.
Parkway West High | \$89/person

Mondays | Starts March 25 | 6 sessions | 6-7 p.m.
Parkway West High | \$89/person

Daddy & Me: Let's Build with Legos

Spend a Friday night building! Children should attend with their dad, grandpa, uncle or another special male in their life. We will build a butterfly house, listen to a story, enjoy a snack and have fun.



Gr. K-5 and Dad or other father figure
Friday | Feb. 8 | 6:15-8:15 p.m.
Ellisville Elementary | \$10 per person

CSI Investigation: Family Edition

Have your family play the role of secret agents to crack the case! Spend time together enjoying games and activities that challenge you to solve a range of mysteries. Solve problems as a team, test your knowledge and more importantly have fun!

Gr. 3-6 and Parent
Friday | Feb. 15 | 6-8 p.m.
LaSalle Springs Middle | \$10 per person

Friday | March 8 | 6-8 p.m.
Selvidge Middle | \$10 per person

Intro to Arabic Culture

Bring the whole family and learn about Arabic culture. Learn about Arabic language reading, writing and speaking as you get introduced to the Arabic culture (food, music, dance and more). We will use your different learning abilities to create a wonderful journey! Taught by Community Ed Instructor May Shiaa.

Gr. K-5 and Parent
Wednesdays | Starts March 27 | 6 sessions
6-7:30 p.m. | Parkway West Middle | \$35 per person

Paint, Play and Picnic

Spend a Friday night with the family as we paint, play and picnic! Bring a picnic and play on our fields (weather permitting) and enjoy painting activities. We will provide the fun.



Parent and Child
Friday | April 26 | 6-9 p.m.
Crestview Middle | \$10 per person



Fun and Enrichment

KIDS NIGHT OUT PROGRAMS

Kids Night Out - Slime

Do you love making slime? You'll have a blast in our Slime Science class. Come learn the science behind your favorite recipes. We will provide pizza and fun! Taught by Community Ed Instructor Emma Herrick.

Gr. K-5

Friday | Feb. 1 | 6-8 p.m.

Crestview Middle | \$25

Friday | May 3 | 6-8 p.m.

Parkway Northeast Middle | \$25



Give the kids an evening of food, fun, enrichment and making new friends in Kids Night Out while you have a date night.

Kids Night Out - Lego Mania

Are you ready for an adventure? Challenge your friends as you use your imagination to create and build with legos, crafts and more! We will provide the pizza and the fun!

Gr. K-5 | Friday | Feb. 22 | 6-8 p.m.

Selvidge Middle | \$25

Kids Night Out - Robotics

Parents enjoy a night to yourselves! If your future engineer is looking for a great night of fun and tinkering, this is for them. Our awesome instructors will lead a night of hands-on STEM activities, focusing on the world of robotics. Bring your friends to build, play, explore and most of all - have fun! Taught by Community Ed Instructors.

Gr. K-5

Friday | April 5 | 6:15-8:15 p.m.

Ellisville Elementary | \$25

MOUNTAIN BIKING

Mountain Biking

Experience the thrills of nature each week by taking a joyride through the wild as we enhance your mountain biking skills. Become a confident and courteous rider as you maneuver your bike through the twists and turns of each trail. Safety is part of



Get your bike and come out to Castlewood State Park with us. Space is limited so sign up early!

our training but having fun is the ultimate goal. Required equipment: geared Mountain Bike with 26"-29" wheels in safe condition, helmet and water bottle with holder or water back pack. Taught by Community Ed instructor Cody Jones.

Grades 4-8 | Tuesdays | Starts March 26 | 6 sessions
5-6:30 p.m. | Castlewood State Park | \$89



Learn to Be a Community Ed Instructor

Monday | March 11 | 6-7 p.m.

Ellisville Elementary

Have a passion for teaching or a hobby? Learn how you can share it with our community and make money. Meet with our staff about class ideas and to answer any questions you might have to be a Community Ed instructor.



New Interactive Feature: Click a program name to learn more and register!



Learning Programs & Resources

DRIVER ED

Evening Driver Education Program

Forget the stress of teaching your teen to drive and leave it to the pros. Students will get prepared for the responsibilities of driving through classroom instruction and six hours of drive time. Students will receive a certificate for successful completion of this non-credit course.

The roads would be a safer place if all new drivers were required to take this course. Thank you for having superb instructors that connected with my teenage son.

- Catherine M.
Parent of Past Participant

Age 15 by February 12
Tuesdays & Thursdays
Starts February 12* | 12 sessions | 6-8 p.m.
Lafayette High | \$385

* Includes meeting for parents at first class.

Drive Time Only

Are you registered in the school year driver education program and looking for behind the wheel instruction and in-car observation? This program provides instructional drive time taught by certified Driver Education teachers. Schedules are flexible and based on the availability of the student and instructor. Must have a learner's permit.

\$49.50 per hour

TUTORCONNECTION

TutorConnection connects certified Parkway and Rockwood teachers and professionals with parents who are looking for private, fee-based tutoring for their children at a Parkway or Rockwood location.



Registration: View a list of tutors available by school location, select a tutor who meets your availability, choose a package of tutoring minutes and get started! One-on-one and small group tutoring options are available. Register online at <http://bit.ly/tutorconnection>.

Fee: \$49.50 per hour, with a two-hour minimum purchased required. Tutoring time can be used in any combination of 15-minute increments.

KEEP YOUR IDENTITY, SELF AND BUSINESS SAFE WITH CLASSES TAUGHT BY PRIVATE INVESTIGATOR CHERYL RING

Identity Theft

If you use a credit card, have a checking account and/or use the internet then you must be aware of the latest scams. You'll learn about the who, what, where, when and why of Identity theft, what to do if you become a victim of identity theft, and more!

Ages 18+
Saturday | March 2 | 11 a.m. - 1 p.m.
Ellisville Elementary
\$19 (Gold Card/Golden Key does not apply)

College and ID Theft

Young people are frequent ID theft victims because it could take years before the crime is detected and it's the last thing on a college student's mind. Learn the current scams that target college students and how to detect them.

Ages 18+
Saturday | May 4 | 10 a.m. - 12 p.m.
Ellisville Elementary
\$19 (Gold Card/Golden Key does not apply)

Investigation Basics

Have you ever had the need to run a background check on a person or business? Learn how to conduct your own investigation at little or no cost.

Ages 18+
Saturday | Jan. 26 | 10 a.m. - 12 p.m.
Ellisville Elementary
\$19 (Gold Card/Golden Key does not apply)

Online Dating and Crime

Get up close and personal with a private investigator and learn about online dating, online predators and safety. Learn the do's and don't's of online dating. How to get closer to your goal and getting a date with your match. You will become familiar with what to look out for, what to avoid and more!

Ages 18+
Saturday | April 20 | 1-3 p.m.
Ellisville Elementary
\$19 (Gold Card/Golden Key does not apply)



We've Got Something For You

Mastering Your iPhone

Learn to use the Apple iPad and iPhone. Gain a higher level of understanding and enjoyment with your mobile devices! This class will help you get comfortable using your phone or tablet. Get the most out of the powerful built-in apps including Calendar, Contacts, Siri, E-mail, Texting, Facetime, Safari (internet), iBooks, Maps/GPS, and more! We will also talk about apps. Taught by Community Ed Instructor Laura Weinrich.

Ages 18+

Thursday | Jan. 31 | Parkway NE Mid. | 6-7:30 p.m.
 Thursday | Feb. 28 | Rockwood South Mid. | 6-7:30 p.m.
 Thursday | April 18 | Ellisville Elem. | 1-2:30 p.m.
 \$25 | \$12.50 Gold Card/Golden Key Card

Podcasts

Are you an auditory learner? Like hearing stories and new ideas? Podcasts are audio-only programs available on the Internet. From science to social issues, they cover an amazing number of topics and, more often than not, are available for low or no cost. Taught by Community Ed Instructor Greg Krumrey.

Ages 18+

Tuesday | Feb. 5 | 6-8 p.m. | Parkway SW Mid.
 Tuesday | April 2 | 6-8 p.m. | Crestview Mid.
 \$25 | \$12.50 Gold Card/Golden Key Card

Thinking of Beekeeping?

Explore the world of honeybees and see what the "buzz" is all about. Take a peek at this fascinating hobby and learn the basics! Taught by Community Ed Instructor Hazel Raishelle H. Day.

Ages 18+

Monday | Feb. 25 | 6-8 p.m. | Parkway West High
 Wednesday | April 10 | 6-8 p.m. | Crestview Middle
 \$35 | \$17.50 Gold Card/Golden Key Card

Beginning Spanish

Want to try a new language and don't know where to start? We will focus on speaking and listening comprehension in common social and travel interactions. Basic grammar will be included. Explore customs of Spanish-speaking countries and learn something new! Taught by Community Ed Instructor Thomas Halbert.

Ages 18+

Thursdays | Starts Jan. 24 | 6 sessions
 6-7:30 p.m. | Wren Hollow Elementary
 \$59 | \$29.50 Gold Card/Golden Key Card

Thursdays | Starts March 28 | 6 sessions
 6-7:30 p.m. | Parkway Northeast Middle
 \$59 | \$29.50 Gold Card/Golden Key Card

Mindfulness

Mindfulness has been practiced for thousands of years as a way to reduce stress and cultivate inner peace. Learn what it means to have controlled attentiveness of what is happening in the present moment and apply it to your every day life. Taught by Community Ed Instructor Angela Jurgenson.



Ages 18+

Mondays | Starts Jan. 28 | 6 sessions
 1-2 p.m. | Ellisville Elementary
 \$59 | \$29.50 Gold Card/Golden Key Card

Have a question?

Text us at 636.891.6644 or chat with us on our web site!

Beginning Guide to Social Media and Its Effects on Your Child's Wellness

Have you ever felt like the world of social media was just too daunting? Come hear author and professor Julie Smith describe all the things about the digital world in which our kids are living. Julie's talks are fast, funny and informative. You'll leave with some great questions to ask your child as well as information - and information is power. This will be one hour well worth your time.

Ages 18+ | Wednesday | Feb. 27 | Crestview Middle | 7-8 p.m. | FREE



New Interactive Feature: Click a program name to learn more and register!



See What's Cookin' in the Kitchen

Appetizers: It's A Party!

Prepare for the big game or hosting a party with some fresh, modern appetizer recipes. In this hands-on cooking night, participants will work together to prepare several recipes and enjoy their creations. Taught by Community Ed Instructor Kathleen Robbins.

Ages 18+ | Tuesday | January 29
6-8 p.m. | Crestview Middle
\$29 | \$14.50 Gold Card/Golden Key Card

Soup's On

Warm up the kitchen with some new soup recipes. In this hands-on class, participants will prepare and sample several meat-based and vegetarian recipes for soups and stews. Taught by Community Ed Instructor Kathleen Robbins.

Ages 18+ | Tuesday | February 12
6-8 p.m. | Parkway Southwest Middle
\$29 | \$14.50 Gold Card/Golden Key Card

Breakfast Buffet

Mix up your morning routine with some new recipes, perfect for everyday breakfast or hosting a brunch for friends or family. Taught by Community Ed Instructor Kathleen Robbins.

Ages 18+ | Wednesday | March 27
6-8 p.m. | Rockwood South Middle
\$29 | \$14.50 Gold Card/Golden Key Card

Positively Paleo

If you're curious about the Paleo diet or looking for some new Paleo-friendly recipes to try in your kitchen, this is the class for you! Participants will prepare and sample main dishes and a dessert. Taught by Community Ed Instructor Kathleen Robbins.

Ages 18+ | Tuesday | April 9
6-8 p.m. | Crestview Middle
\$29 | \$14.50 Gold Card/Golden Key Card



Chefs of all levels are welcome to cooking classes with instructor Kathleen Robbins.

Parent-Child Cooking

Make memories and a delicious meal in the kitchen with a fun night of cooking! Families will work together to cook and enjoy a delicious, kid-friendly meal. Taught by Community Ed Instructor Kathleen Robbins.

Grades K-5 & Parent | Monday | May 6
6-8 p.m. | Parkway West High
\$29 | \$14.50 Gold Card/Golden Key Card

One-Day Adventures with Linda

All motorcoach tours are led by Linda Koenig from Gateway Tours and meet at the Parkway Admin Building: 455 N. Woods Mill Rd., Chesterfield, MO 63017.

Gold Card/Golden Key Card does not apply to trips.

Stained Glass & Steeples

Trace the evolution of stained glass by visiting St. John Nepomuk, St. Francis de Sales, St. Francis Xavier, St. Marks Episcopal, Hope UCC and St. Gabriel's. Enjoy lunch at St. Raymond's Maronite Church.

Ages 18+
Wednesday | April 10
9 a.m. - 4 p.m.
Check in at 8:45 a.m. | \$79

Warm Springs Clydesdale Ranch & Les Bourgeois Winery

Visit with the Anheuser-Busch Clydesdales at Warm Springs breeding farm near Boonville. You'll enjoy a great lunch at the Les Bourgeois Winery Bistro, overlooking the Missouri River. You'll have time to sample wines and spirits at the Les Bourgeois Winery and visit the historic village of Rocheport to explore quaint shops and Katy Trail.

Ages 18+ | Thursday | May 16
7 a.m. - 6 p.m.
Check in at 6:45 a.m. | \$115

The Orient Express

Many people from China, Japan, Vietnam and others from the East call St. Louis home. Spend a day exploring their customs, beliefs and traditions. Stops will include: Fo Guang Shan St. Louis Buddhist temple, Valhalla Cemetery, Chinese shops along Olive, lunch at Wei Hong, Asian Galleries at the St. Louis Art Museum and a tour of the Chinese and Japanese sections at the Missouri Botanical Garden.

Ages 18+ | Friday | June 14
9 a.m. - 5 p.m.
Check in at 8:45 a.m. | \$95



Making Sense of Dollars and Finance

Women's Outlook: Navigating Through Retirement, Widowhood, Divorce and MORE

Statistically all women, either by choice or by circumstance, will be on their own financially at some point in their life. Learn perspectives on financial concerns about retirement; with a special emphasis on widows. Gain an understanding of income strategies, Social Security and the effects of divorce and widowhood on your financial security. If you are a woman between the ages of 50 and 80, this class is for you! Presented by Cindy Whitman, Financial Advisor with Edward Jones.

Ages 18+

Wednesday | Jan. 23 | 6:30-8 p.m.

Ellisville Elementary

\$9 | \$4.50 Gold Card/Golden Key Card

Tuesday | Jan. 29 | 6-7:30 p.m.

Parkway Northeast Middle

\$9 | \$4.50 Gold Card/Golden Key Card

Retirement Income Strategies

Retirees are concerned about running out of money now more than ever before. Learn about the importance of a sound retirement income plan and strategies that should be considered about Roth IRA's, 401(k)'s and 403(b) plans; techniques to avoid the 701/2 tax trap, how to maximize your retirement income while reducing risk and much, much more. Taught by certified financial planners from Financial Legacy Associates.

Ages 18+

Monday | Jan. 28 | 6:30-8 p.m.

Parkway Central High

\$9 | \$4.50 Gold Card/Golden Key Card

Estate Planning Basics

Worried about leaving heirs with a complex estate situation? Gain an understanding about the estate planning process and tools used such as wills, trusts, power of attorney and health care directives. Taught by certified financial planners from Financial Legacy Associates.

Ages 18+

Monday | Feb. 4 | 6:30-8 p.m.

Parkway Central High

\$9 | \$4.50 Gold Card/Golden Key Card



We offer a wide variety of one-evening finance classes to help answer your questions and concerns. They're all less than \$10!

Be Alert to Financial Fraud: Outsmart the Scammers

Fighting financial fraud starts with education as well as communication between family members and professionals. This workshop will share information to help you recognize possible issues, prevent fraudulent activity and protect yourself or a loved one if fraud does occur. In addition, we will be discussing the latest scammer activities. *Special focus on elder financial abuse* Presented by Cindy Whitman, Financial Advisor with Edward Jones

Ages 18+

Wednesday | Feb. 6 | 6:30-8 p.m.

Crestview Middle

\$9 | \$4.50 Gold Card/Golden Key Card

Tuesday | Feb. 26 | 6-7:30 p.m.

Parkway Northeast Middle

\$9 | \$4.50 Gold Card/Golden Key Card

Planning for Long-Term Health Care

Almost 38% of people aged 65 and over are diagnosed with a severe disability and 47% of those aged 85 and older have Alzheimer's disease or other form of dementia. If this happens to you, where do you want to receive your care and how are you going to pay for it? Learn about what government programs will pay for and how it affects your care. We will also cover the various options of insuring this risk. Taught by certified financial planners from Financial Legacy Associates.

Ages 18+

Monday | Feb. 11 | 6:30-8 p.m.

Parkway Central High

\$9 | \$4.50 Gold Card/Golden Key Card





Making Sense of Dollars and Finance

Social Security Planning

As you approach retirement, you'll need to make the important decision of when to begin receiving your Social Security benefits. Learn the variables to consider when making this choice. Taught by certified financial planners from Financial Legacy Associates.

Ages 18+ | Monday | Feb. 25 | 6:30-8 p.m.
Parkway Central High
\$9 | \$4.50 Gold Card/Golden Key Card

Planning for the Unexpected

Regardless of how comprehensive your plans are, your financial strategy could be derailed by an unexpected event. Learn foundational and life risk strategies to help plan for investment risk, market declines, job loss, medical expenses, life events and ways to protect what you've worked for and also how to work through life's unexpected financial turns. Presented by Cindy Whitman, Financial Advisor with Edward Jones.

Ages 18+
Wednesday | April 10 | 6-7:30 p.m.
Parkway Northeast Middle
\$9 | \$4.50 Gold Card/Golden Key Card

Tuesday | April 16 | 6:30-8 p.m.
Crestview Middle
\$9 | \$4.50 Gold Card/Golden Key Card

Key Life Decisions: Are You Prepared?

Life decisions require a team effort to reach your goals. See how Financial Advisor, CPA/Tax preparer, Attorney, and Funeral Director each play a role "life plan." Learn how putting together a capable team will give you and your loved ones peace of mind. Presented by Cindy Whitman, Financial Advisor with Edward Jones, also including a CPA, Attorney, and Funeral Director.

Ages 18+
Wednesday | May 1 | 6-8 p.m.
Ellisville Elementary
\$9 | \$4.50 Gold Card/Golden Key Card



Online Learning Opportunities

Mastering Microsoft Excel

A must-have skill to succeed in business, whether an entrepreneur or a valued employee, is the ability to create, edit and manage spreadsheets.



- Stay current as the features of Excel change over time.
- Examine the life of an Excel worksheet and workbook, from creation to presentation.
- Learn how an Excel worksheet is constructed, populated with content, and edited for delivery.
- Master the options that can take your Excel worksheet from plain, drab numbers to exciting and engaging multimedia.

April 1-26 | \$195

The Basics of Bookkeeping

How do you keep track of the day-to-day financial transactions of a business? Whether you are looking to advance in your career, or you're an entrepreneur, (or maybe you are a part of a family business), this course will help you if you are looking to understand the numbers. You will:



- Understand and know how to record every penny that comes into your business and every penny that goes out of your business.
- Be able to create a chart of accounts that meet your needs.
- Learn bookkeeping terminology as well as what it means to keep track of the numbers.

May 6-31 or March 4-29 | \$195



Real Estate Programs

Be Your Own General Contractor

You've got the tools and know-how to get the job done. Gain the skills to succeed as a general contractor so you'll be able to understand contracts, insurance, permit needs, liens and waivers. See how to be more efficient and make the most money by learning how to schedule your sub-contractors, how to set up a payment schedule and more! Taught by Community Ed Instructor Troy Galloway.



Ages 18+
Monday | Feb. 4 | 7-9 p.m.
Parkway West High
\$19 | *Gold Card/Golden Key Card does not apply*

Monday | April 1 | 7-9 p.m.
Parkway Central High
\$19 | *Gold Card/Golden Key Card does not apply*

What to Expect from a Home Inspection

Buying a house is probably the largest investment you'll ever make. House inspections can help you avoid nasty and expensive surprises. Learn the benefits of an inspection, how to choose the right inspector for you and the different inspections from which to choose. Taught by Community Ed Instructor Troy Galloway.



Ages 18+
Monday | Feb. 25 | 7-9 p.m.
Crestview Middle
\$19 | *Gold Card/Golden Key Card does not apply*

Monday | April 15 | 7-9 p.m.
Parkway Northeast Middle
\$19 | *Gold Card/Golden Key Card does not apply*

Gold Card/Golden Key Card do not apply unless indicated. Program details are subject to change. For the most updated information visit www.prcommunityed.org or call or text us at **636.891.6644**.



Click a program title or here to register or call or text **636.891.6644** for more information.



REAL ESTATE MADE EASY FOR BUYERS, SELLERS AND YOU! PRESENTED BY MICHELLE THIES OF REALTY EXECUTIVES

First-Time Home Buyers

Now is the perfect time to buy! Buying is way cheaper than renting with today's record low interest rates, plus save on your Federal tax return by getting interest write offs! Learn how to get a good buy, how to avoid costly mistakes and repairs, how to be well represented (at no cost to you), and how to receive instant equity. Class is geared toward first time buyers. Presented by Michelle Thies with Realty Executives of St. Louis.

Ages 18+
Wednesday | Feb. 20 | Parkway Northeast Mid.
6-7 p.m.
\$9 | *\$4.50 Gold Card/Golden Key Card*

Sellers: Getting Your Home Market Ready

Learn how to maximize your profit while limiting your liability when selling your property. Make it a win-win transaction for you and the buyers. Learn how to minimize your marketing time. Some remodeling and updating brings a 150% return while other remodeling only returns 30% of costs. Avoid problems legally and financially. Presented by Michelle Thies with Realty Executives of St. Louis.

Ages 18+
Wednesday | April 3 | Parkway SW Middle
6-7 p.m.
\$9 | *\$4.50 Gold Card/Golden Key Card*

Contract Overview

Do you know how many paragraphs are in a residential sale contract? We will take an in-depth look and get an explanation on what they mean. Presented by Michelle Thies with Realty Executives of St. Louis.

Ages 18+
Thursday | Jan. 24 | Crestview Middle
6-7 p.m.
\$9 | *\$4.50 Gold Card/Golden Key Card*

New Interactive Feature: Click a program name to learn more and register!





Summer Expo

What will YOU be doing this summer?

Plan your child's summer activities with over 90 local and regional exhibitors!

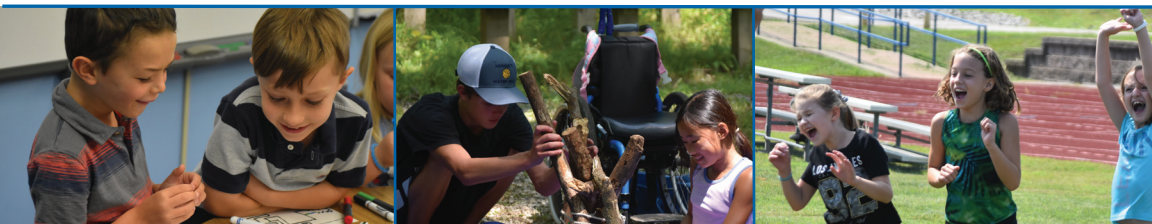
Sunday, February 10, 2019 | 11 a.m.–3 p.m.

Marquette High School

2351 Clarkson Road, Chesterfield, MO 63017

Admission is FREE and open to families throughout the St. Louis area!

www.summerexpostl.com





Hoop It Up

INSTRUCTIONAL BASKETBALL

Basketball Skills Clinics

Looking for a spring basketball program with a little extra? Your child will improve shooting mechanics, defense, ball handling, passing, fitness and conditioning and much more.

Offered in partnership with Athletex Global.

Tuesdays | Starts March 26 | 6 sessions

Boys & Girls (Gr. 2-3) from 6-6:55 p.m.

Boys & Girls (Gr. 4-5) from 7-7:55 p.m.

Woerther Elementary | \$79

Wednesdays | Starts March 13 | 6 sessions

Boys (Gr. 3-5) at 6-7:15 p.m.

Boys (Gr. 6-8) at 7:30-8:45 p.m.

Parkway Northeast Middle | \$89

Thursdays | Starts March 14 | 6 sessions

Girls (Gr. 3-5) at 6-7:15 p.m.

Girls (Gr. 6-8) at 7:30-8:45 p.m.

Parkway Northeast Middle | \$89

Spring Basketball Clinics

Looking to improve your skills and knowledge to enhance your basketball game? You'll do two things at these clinics: have fun and become a better player. Fine tune your dribbling, passing, shooting, and play in scrimmage games.

Offered in partnership with St. Louis Suns.

Tuesdays | Starts March 5 | 6 sessions

Boys (Gr. 3-4) | 5:30-7 p.m.

Boys (Gr. 5-8) | 7:15-8:45 p.m.

Selvidge Middle | \$99

Wednesdays | Starts March 6 | 6 sessions

Girls (Gr. 3-4) | 5:30-7 p.m.

Girls (Gr. 5-8) | 7:15-8:45 p.m.

Selvidge Middle | \$99

Mighty Mites Basketball

Young and beginning players will have a ball while learning fundamental skills and rules of the game. Offered in partnership with Ozzie Smith's Sports Academy.

Wednesdays | Starts Jan. 9 | 7 sessions

Gr. K at 6-6:55 p.m. | Gr. 1-2 at 7-7:55 p.m.

Craig Elementary | \$99

Saturdays | Starts Jan. 12 | 7 sessions

Gr. K at 9-9:55 a.m.

Gr. 1-2 (Beginner) at 10-10:55 a.m. or

Gr. 1-2 (Intermediate) at 11-11:55 a.m.

Ridge Meadows & Wren Hollow | \$99



If you have a youngster who loves basketball or is just looking to get started, we've got a program for you! It's also not too late to join our high school boys league!

BASKETBALL LEAGUE

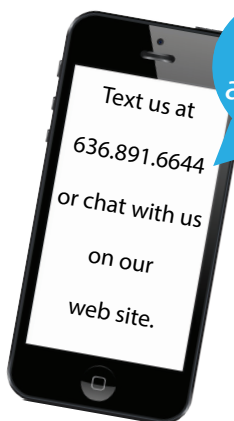
High School Boys Basketball League

Play basketball with your friends in a recreational setting! League consists of an eight-game schedule. Register individually, but must be part of an existing team with a coach.

Grades 9-12 | Saturdays | Jan. 5 - Feb. 23

Held in Parkway, Rockwood and Lindbergh

\$99 | \$119 after December 3



Do YOU have a question?



Fun On Courts & Course

INDOOR SOCCER/FUTSAL

Indoor Soccer/Futsal League and Training Clinics

Can't get enough soccer? Brand-new format includes Wednesday or Friday evening training sessions with drills on individual ball skills, team-building exercises and building self-confidence one day a week. Then put your skills into action at Sunday games. Includes T-Shirt. Offered in partnership with St. Louis Scott Gallagher Soccer Club.



Don't let the cold weather keep you from playing soccer! Check out our Futsal Training League.

Grades K-5

Winter Session

Training Clinics

Wednesdays | Starts Jan. 16 | 7 sessions
4:30-5:25 p.m. or 5:30-6:25 p.m.

Vetta Manchester

or

Fridays | Starts Jan. 18 | 7 sessions
6-6:55 p.m. or 7-7:55 p.m. | St. Louis Soccer Park

Games

5-game schedule starts Sunday Jan. 20 at Parkway West Mid. and Rockwood South Mid.

\$219/session for League and Clinics (games included)
\$135/session for just Clinics (no games)

GOLF

Youth Golf Clinics

If your child has an interest in golf, this is the clinic for them! Our youth golf clinics are perfect for youngsters who are brand-new to golf or who are looking to improve their game as they'll learn from award winning Golf Channel Academy Maria Palozola's talented staff of St. Louis Golf. You'll work on driving, iron play and short game. The facility is covered and has heated boxes. Participants will be responsible for purchasing range balls each week.



Grades 1-5

Sundays | Starts Jan. 27 and March 24 | 12-12:45 p.m.
5 sessions | Big Bend Golf Center | \$99

Junior and Adult Golf Clinics

Want to learn the game of golf or simply improve your skills? Golf is known as "The Game of a Lifetime" because all ages and skill levels can enjoy the game with friends and family. Classes cover both full swing and short game (putting, chipping, pitching, sand) and are offered at Big Bend Golf Center. The facility is covered and has heated boxes. Participants will be responsible for purchasing range balls each week. You'll learn from the award winning Golf Channel Academy with Maria Palozola and her certified instructors at St. Louis Golf Lessons.



Ages 13 - Adult

Sundays | Starts Jan. 27 and March 24 | 1-1:45 p.m.
5 sessions | Big Bend Golf Center | \$99

YOUTH AND ADULT TENNIS

Saturday Junior Tennis Clinics

If you're looking to introduce your youngster to the game or have a budding star looking to fine-tune their strokes and develop strategic play, these clinics are for you. Rackets available to borrow for ages 12 and under.

Saturdays | Starts March 23 | 6 sessions
Lafayette High and Parkway South High | \$89

Ages 5-8 | 9-10 a.m.

Ages 10 & under | 10-11 a.m.

Green: Ages 12 & under | 10-11 a.m.

Yellow: Ages 13-18 | 11 a.m.-12 p.m.

Adult Tennis Clinics

If you're looking to get some tips, improve your strokes a bit or fine-tune your skills for more competitive play, these clinics are for you! Improve your stroke technique, positioning, and match strategy. Movement and fun are major class components. Offered in partnership with Vetta Sports.

Ages 18+ | Saturdays | Starts March 23

6 sessions | 11 a.m.-12 p.m.

Lafayette or Parkway South High | \$89



Try Something New

BADMINTON

Youth Badminton

Learn to play the fastest racket sport in the world! Improve skills through drills and instruction for first 60 minutes then put practice into game play for last 30 minutes of each session. Experience playing on a dedicated professional indoor badminton court. Badminton Racket will be provided. Offered in partnership with Arch Badminton Center.

Grades 3-8 | Mondays
Starts Jan. 14 and March 25 | 6 sessions
6-7:30 p.m. | Arch Badminton Center | \$99

BATON

Introduction to Baton Twirling

Experience the creativity, fun and excitement of baton twirling! Learn twirling skills in a high energy, positive format. Each student will need to purchase a properly fitted baton. Taught by Community Ed instructor Lisa Bartfeld.

Grades K-5
Wednesdays | 6:30-7:30 p.m.
Starts Jan. 16 and March 27 | 6 sessions
Green Trails Elementary | \$69
Thursdays | 6:30-7:30 p.m.
Starts Jan. 17 and March 14 | 6 sessions
Ellisville Elementary | \$69

CHEERLEADING

Cheer & Hip Hop Dance

Does your child like to cheer and dance or interested in trying something new? If so, join our Athletes Global



You'll have a blast in this fun and exciting class!

instructors and learn fundamentals in motions and jumps, cheers, basic tumbling and various dance styles. This is a great introductory class for all kids interested in Cheer and Hip Hop Dance.

Mondays | Starts March 25 | 6 sessions
Gr. 1-3 | 6-6:55 p.m. | Gr. 4-6 | 7-7:55 pm
Woerther Elementary | \$79

FENCING

Junior Fencing Program

Improve your speed, strength, skill and strategic thinking by trying a great new sport like fencing! In this beginner's class, you will learn basic footwork and blade work. Session will culminate with a class tournament. Offered in partnership with Parkway Fencing Club.

Ages 10-14
Wednesdays | Starts Jan. 23 | 6 Sessions
6:30-8 p.m. | Ellisville Elementary | \$135
Thursdays | Starts Jan. 24 | 6 Sessions
6:30-8 p.m. | Green Trails Elementary | \$135

GYMNASTICS

Preschool Gymnastics

Does your child enjoy fast paced movement and tumbling? If so, this program is for you. Children cultivate coordination, agility, strength and balance while learning fun, new skills. Offered in partnership with Hi-NRG Gymnastics.

Ages 3-6 | 6-6:50 p.m. | 7 sessions | \$109
Mondays | Starts Jan. 7 and March 25
Shenandoah Valley Elementary
Tuesdays | Starts Jan. 15 and March 26
Bellerive Elementary
Wednesdays | Starts Jan. 16 and March 6
Hanna Woods Elementary

Ninja Obstacle and Gymnastics

Join us for all the fun and benefits of gymnastics combined with ninja obstacles as seen on TV. Obstacles are designed with the young athlete in mind and will challenge your upper body strength, balance and coordination. Offered in partnership with Hi-NRG Gymnastics.

Ages 7-11 | 7-7:50 p.m. | 7 sessions | \$109
Mondays | Starts Jan. 7 and March 25
Shenandoah Valley Elementary
Tuesdays | Starts Jan. 15 and March 26
Bellerive Elementary
Wednesdays | Starts
Jan. 16 and March
6 Hanna Woods
Elementary



New Interactive Feature:
Click a program name to
learn more and register!



Try Something New

WINTER SPORTS

Learn to Ski/Learn to Snowboard

Winter fun is just minutes away! Our learn to ski and snowboard lessons are great for beginners or those just getting tuned up for a ski trip. Lessons for first 2 weeks then 2 sessions to test out your skills.

“Hidden Valley was great, the cost was perfect, and my kids got to experience skiing for the first time through this program. They are hooked.”

-Brian M.
Parent of past participant

Starts week of Jan. 7, 2019 | 5-9:30 p.m.
Sessions offered Tuesdays, Wednesdays or Thursdays.
Hidden Valley Ski Resort
Learn to Ski | Ages 8-Adult | \$184
Learn to Snowboard | Ages 12-Adult | \$199

SPECIALTY

Multi Sports Skills Training

Get in the game with a taste of basketball, soccer, flag football as well as performance training. Experience sport specific and performance training to improve overall skills. Offered in partnership with Athletes Global.

Grades K-5 | Wednesdays | Starts March 27
6 sessions | 6-6:55 p.m. | Kehrs Mill Elem. | \$79

Elite Sports Performance

Improve your mental preparation, speed, explosion, agility, strength, fitness and conditioning. You'll be challenged in a great atmosphere that will help you learn, maximize performance and achieve peak condition. Offered in partnership with Athletes Global.

Grades K-5 | Wednesdays | Starts March 27
6 sessions | 7-7:55 p.m. | Kehrs Mill Elem. | \$79

Click a program title or here to register or call or text **636.891.6644** for more information.



PARKWAY ROCKWOOD

FLAG FOOTBALL LEAGUE

Learn all the skills of the game in this recreational league in partnership with NFL Flag Football.

Games played on high school turf fields in Parkway and Rockwood.

All players receive an authentic replica NFL jersey

Boys K-8

Practices begin week of March 4.

Games on Sundays starting March 24.

Playoffs on Saturday, May 11.

Championship Games on May 12.

Registration: \$95 | \$115 after Feb. 4





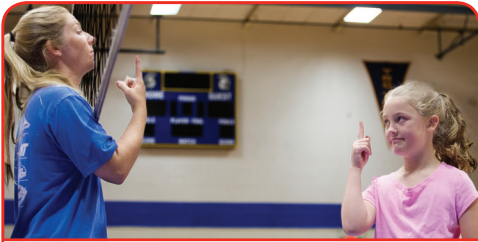
Hit the Court with Us

YOUTH VOLLEYBALL

Developmental Program

Fine tune your game in a fun way through skills clinics and match competition. Gather your teams or friends and register to take your game to the next level. Boys and girls will work with current USAV or collegiate players and/or coaches. Offered in partnership with Stratman Sports.

Grades 5-8
 Wednesdays | Starts January 16 | 8 sessions
 Parkway West Middle School
 Grades 5-6 | 7:45-8:45 p.m. | \$110
 Grades 7-8 | 8:45-9:45 p.m. | \$110



Have a ball with Developmental Volleyball.

ADULT VOLLEYBALL

Co-Ed Recreational Volleyball League

Get a group of friends together and spend your Tuesday evenings in this adult co-ed recreational volleyball league. Whether you know how to play or not, you will be sure to have fun meeting new people and staying active. Must register as a team, no individual sign-ups.

Ages 18+
 Fridays | Starts Jan. 11 | 8 matches
 7 or 8:30 p.m. | Selvidge MS
 \$135/team
 Tuesdays | Starts Feb. 12 | 8 matches
 6:30, 7:30 or 8:30 p.m. | Ridge Meadows Elem.
 \$180/team

Co-ed Volleyball Open Play

Don't have a team? No problem! Join us and meet new people while having fun playing volleyball. Register as an individual and get placed on a team each week. All skill levels welcome.

Ages 18+
 Wednesdays | Starts Jan. 9 | 10 weeks
 7:30-9:30 p.m. | Parkway North High | \$55



New Interactive Features!
 Click on program name to learn more and register!

Youth Volleyball League

Looking for a fun way to learn and play volleyball?

Join this league to develop fundamental skills through practices and match competition.

The league includes practices and a six-game schedule. Sign up by team or individually.

Volunteer coaches are needed.

Grades 3-8

Practices starting week of March 4.

Matches on Saturdays starting March 30 throughout Parkway and Rockwood.

\$79 | \$99 after February 4

New Interactive Feature:
 Click a program name to learn more and register!



Rockwood Thunder Volleyball Club

Rockwood Thunder Volleyball Club is a competitive co-ed club with the largest girls contingent in the Gateway Region of USA Volleyball.



Coaches stress individual skills for player development and values such as teamwork, commitment and sportsmanship.

In 2018, US Club Rankings rated Rockwood Thunder 13th in the nation, 1st in Missouri and 1st in the Gateway Region.

Programs are open to athletes throughout the St. Louis region. Visit www.rockwoodthundervbc.com for more information.

Volley Totz

A seven-class introductory program for boys and girls that focuses on fun, basic volleyball technique, hand-eye coordination and more.

Ages 5-7

Wednesdays | Jan. 9 - Feb. 27 | 5-6:15 p.m.

Parkway West Middle | \$99

U8 Program

This eight-class program focuses on more intensive technical skill development, footwork, core strength and agility. Teamwork, discipline and work ethic will be developed through mini-games.

Ages 7-8

Mondays | Dec. 10 - March 11 | 5-6:15 p.m.

Crestview Middle | \$155

U10 Program

Build your technical proficiency while emphasizing a progression toward competitive game play. Development of accountability and practice habits will be fulfilled as teams compete in in-house tournaments as well as the regional U10 tournament.

Ages 9-10

Mondays | Nov. 12 - March 11 | 12 sessions | 4:45-6:15 p.m. | Crestview Middle | \$275

Wednesdays | Nov. 14 - March 13 | 12 sessions | 4:45-6:15 p.m. | Parkway West Middle | \$275

Thursdays | Nov. 15 - March 14 | 12 sessions | 4:45-6:15 p.m. | Crestview Middle | \$275

Classes can be prorated if you missed early sessions.

U8-U10 Spring Clinics

Learning to play the game the right way is important. Improve motor skill development and hand-eye technical skills while focusing on teamwork, gamesmanship and work ethic through drills and mini games.

Ages 8-10

Wednesdays | Starts April 10 | 4 Sessions

4:45-6:15 p.m. | Crestview Middle | \$89

Our family has been a part of the Rockwood Thunder Volleyball Club family for years. We have been fortunate to play for exceptional coaches, who have greatly influenced our daughters' love for the sport. We have been more than satisfied with the dedication this club has offered our daughters.

-Becky H.

Rockwood Thunder parent



No tryouts are required for the Rockwood Thunder instructional programs and boys and girls are welcome!

Click here to learn more about Rockwood Thunder in this video!



Spring Into Action on the Fields

OUTDOOR SOCCER

Soccer All Stars League

Boys and girls will get introduced to the basic skills of soccer through fun, instructional games. Each week, players will practice and learn for about 30 minutes followed by 30 minutes of game play. Teams will be formed where volunteer coaches are needed; coach training and resources provided.



Ages 3-4 and 5-6
Saturdays | Starts March 23 | 6 sessions
One-hour sessions will start between 9-11 a.m.
Green Trails, Selvidge Middle and Fairway Elem.
\$89 | \$109 after March 6

Developmental Soccer Program

Take your game to the next level in this engaging camp! Boys and girls will learn proper technique, improve individual ball skills, participate in team building exercises and gain confidence on the ball. Players receive a t-shirt. Offered in partnership with St. Louis Scott Gallagher Soccer Club.



Saturdays | Starts March 30 | 6 sessions
Gr. K-2 | 9-10:15 a.m.
Gr. 3-5 | 10:30-11:45 a.m.
Parkway South Middle | \$94

T-BALL/BASEBALL

Instructional Youth Baseball

Let's play ball! Learn basic skills and proper techniques including throwing, catching, fielding, hitting and base running. Each week your son or daughter will receive instructional practice followed by game time. This is a great program for the beginner and intermediate level baseball player.

Grades 1-2 | 6 sessions
Tuesdays | Starts March 26 | 7-7:55 p.m.
Fairway Elementary | \$75
Thursdays | Starts March 28 | 7-7:55 p.m.
Bowles Elementary | \$75

LACROSSE

Intro to Lacrosse

Have fun and give lacrosse a try without having to make a big commitment. Young boys and girls will learn and practice and then put skills into action with game play. Offered in partnership with Mo LAX.

Grades 1-3 | Saturdays
Starts March 23 and April 27
3 sessions | 9-9:50 a.m. | Crestview Middle | \$49

Developmental Lacrosse

Learn basic fundamentals of cradling, catching, throwing and shooting through exciting drills, mini-games and scrimmages. Players will learn about lacrosse positions, field, penalties and more about the game. Offered in partnership with Mo LAX.



Hit the fields with lacrosse.

Grades 4-6 | Saturdays | Starts March 23
6 sessions | 10-10:50 a.m. | Crestview Middle | \$89

Lacrosse Game Training

New program includes fun line drills that will involve physical gameplay scenarios while learning defensive & offensive movements. The 4v4 scrimmages will allow for quick action and lots of touches for each player. Offered in partnership with Mo LAX.

Grades 6-8 | Saturdays | Starts March 23
6 sessions | 11 a.m. - 12:15 p.m.
Crestview Middle | \$109

T-Ball Tots Instructional Program

Batter up! Join us for this program that introduces children to the basics of t-ball in a fun setting. We will divide each week into instructional practice and game time. Volunteer coaches needed.

Grades Pre-K-K | 6 sessions
Tuesdays | Starts March 26 | 6-6:55 p.m.
Fairway Elementary | \$75
Thursdays | Starts March 28 | 6-6:55 p.m.
Bowles Elementary | \$75

New Interactive Feature: Click a program name to learn more and register!



Get Moving With Martial Arts

TAI CHI

Tai Chi Yang 24 Beginning

Learn basic Tai Chi movements and the first part of the Yang style 24 form. The practice of Tai Chi has been shown to improve muscle strength, flexibility and balance, as well as reduce stress. For this low impact class, wear comfortable clothing and flat shoes. Taught by Wendy Richards.

Ages 18+
Mondays | Starts Jan. 28 | 10 sessions
5:25-6:25 p.m. | Parkway West High
\$65 | \$32.50 Gold Card/Golden Key Card

Tai Chi Yang 24 Continuing

For students who have taken the beginning Tai Chi class, we will continue to explore the gentle movements through focus on learning the Modified Yang 24 Form. Taught by Wendy Richards.

Ages 18+
Mondays | Starts Jan. 28 | 10 sessions
6:30-7:30 p.m. | Parkway West High
\$65 | \$32.50 Gold Card/Golden Key Card

Tai Ching Yang 24 Advanced

For students who have learned the entire 24 form and wish to refine their practice. Taught by Wendy Richards.

Ages 18+
Mondays
Starts Jan. 28
10 sessions
7:35-8:35 p.m.
Parkway West High
\$65 | \$32.50 Gold Card/Golden Key Card



If you're a beginner or advanced, there's a Tai Chi class for you!

Tai Chi (CMC37) Beginning

Learn the first third of the Cheng Man Ch'ing 37-posture Tai Chi form. Tai Chi improves balance, strength, and flexibility, and can be used as a mindfulness practice. Taught by Kirk Condon.

Ages 16+
Tuesdays | Starts January 22 and March 26
6 sessions | 6:30-7:30 p.m.
Mason Ridge Elementary | \$45

MARTIAL ARTS/SELF DEFENSE

Karate

Develop confidence, self-control and a calmness while learning self-defense and having FUN! Black belt instructor encourages rather than intimidates, and teaches hand/foot techniques including throws and



Karate is a great way to gain confidence and stay active.

breaking free from an attacker or bully. Offered in partnership with Arch Shidokan Karate.

Tiny Tigers | Ages 4-6 | 6-6:50 p.m.

Mondays | 6 sessions | Ross Elem. | \$79
Starts Jan. 28 and March 25
Tuesdays | 6 sessions | Selvidge Middle | \$79
Starts Jan. 29 and March 26

Kids Karate | Ages 7-13 | 7-7:50 p.m.

Mondays | 6 sessions | Ross Elem. | \$79
Starts Jan. 28 and March 25
Tuesdays | 6 sessions | Selvidge Middle | \$79
Starts Jan. 29 and March 26

Advanced Kids | Ages 7-13

Mondays | 6 sessions | Ross Elem. | \$79
Starts Jan. 28 and March 25 | 8-9 p.m.
Tuesdays | 6 sessions | Selvidge Middle | \$79
Starts Jan. 29 and March 26 | 8-9 p.m.
Wednesdays | 6 sessions | Henry Elementary | \$79
Starts Jan. 23 and March 27 | 6:15-7:15 p.m.

Adult Karate | Ages 14+ | 7:15-8:15 p.m.

Wednesdays | 6 sessions | Henry Elementary | \$79
Starts Jan. 23 and March 27

Women's Night of Self Defense

Learn to defend in a variety of dangerous situations with confidence, self-control and a calmness while learning realistic techniques to break free from an assailant, using momentum and leverage to prevail in seemingly indefensible situations regardless of size or strength. Enhance timing, reflexes, balance and coordination while having FUN! Offered in partnership with Arch Shidokan Karate.

Ages 18+
Thursday | Feb. 21 | 6-9 p.m. | Selvidge Middle | \$25
Thursday | March 14 | 6-9 p.m. | Ross Elem. | \$25



Take Time For Mind and Body

ADULT FITNESS CLASSES

Hip Hop Fitness Dance

Translate various calisthenic exercises into the dance. It is a great way for people of all ages to get and stay fit while enjoying themselves by doing hip hop moves they never thought possible. Offered in partnership with Athletes Global.



Ages 18+
Thursdays | Starts Jan. 24 and March 28
6 sessions | 6-6:50 p.m. | Rockwood Summit High

Wednesdays | Starts Jan. 30 and March 27
6 sessions | 6-6:50 p.m. | Eureka Elementary

\$69 | *Gold Card/Golden Key Card does not apply*
Core and Restore

Strengthen your entire core including both the abs and back. You'll utilize floor postures to stretch, open and release your body. Taught by Community Ed Instructor Gina Caruso.

Ages 18+
Mondays | Starts Jan. 28 | 10 sessions
7-7:55 p.m. | Sorrento Springs Elementary
\$65 | *\$32.50 Gold Card/Golden Key Card*

Zumba

Party yourself into shape! You'll combine cardio, muscle conditioning, balance and flexibility to feel great and leave with boosted energy and a serious dose of awesome after class. Offered in partnership with Athletes Global.

Ages 18+
Wednesdays | Starts Jan. 30 and March 27
6 sessions | 7-7:50 p.m. | Eureka Elementary
\$49 | *Gold Card/Golden Key Card does not apply*

Thursdays | Starts Jan. 24 and March 28
6 sessions | 7-7:50 p.m. | Rockwood Summit High
\$49 | *Gold Card/Golden Key Card does not apply*

Meditation

Enhance mental clarity, bring emotional balance, increase focus, develop a relaxed attitude through meditation! It is a serious way to decrease stress, reduce anxiety, and other forms of discomfort. Offered in partnership with Fitness With A Twist; taught by S Womack, Ph.D.

Ages 18+
Thursdays | Starts March 28 | 6 sessions
8-8:50 p.m. | Parkway Central High
\$59 | *Gold Card/Golden Key Card Does Not Apply*



We're Hiring! Text HIREME to 636.891.6644

- Want to share your talents with others while having a great time at work?
- Want to positively impact the lives of others?
- Want a part-time job that works around your busy schedule?
- Want to gain some great experience that you can use for the future?

If you answered YES to any of these questions, then we've got a job for you! Join our team! Text HIREME to 636-891-6644.

We're currently hiring for both school-year and summer positions. Part-time openings include:

- Adventure Club activity assistants
- SwimAmerica instructors and site supervisors
- Outdoor Ed camp instructors and camp counselors
- Enrichment and art instructors
- Sports and fitness instructors

Join our team today! Text HIREME to 636.891.6644 for more info and to tell us a little about yourself.



New Interactive Feature: Click a program name to learn more and register!



Exercise Classes with Julie

ADULT FITNESS CLASSES

Ballet Barre Sculpting

Have you ever wanted the sculpted body of a dancer? If so, then this class is for you. Learn the exercises dancers use to tone, sculpt and strengthen their arms, legs, back and stomach. You'll gain strength and learn exercises to help improve posture and increase flexibility. Kids ages 14+ can register with an adult.

Ages 14+

Wednesdays | Starts Jan. 23 | 10 sessions
7-8 p.m. | Sorrento Springs Elementary
\$65 | \$32.50 Gold Card/Golden Key Card

Boot Camp

Jump start your exercise program, burn calories while toning your body and gaining flexibility. Incorporate exercises from dance, Pilates, strength training and other fitness programs. The class will be mostly low impact and will be adjusted to fit each individual's fitness level. Kids ages 14+ can register with an adult.

Ages 14+

Mondays | Starts Jan. 28 | 10 sessions
8-9 p.m. | Hanna Woods Elementary
\$65 | \$32.50 Gold Card/Golden Key Card

Core Strengthening

Work your abs in every way possible targeting your core and improving strength, flexibility, and everyday health. Kids ages 14+ can register with an adult.

Ages 14+

Wednesdays | Starts Jan. 23 | 10 sessions
8-8:30 p.m. | Sorrento Springs Elementary
\$39 | \$19.50 Gold Card/Golden Key Card

Stretching and Flexibility

Stretch, strengthen and align your body as you increase flexibility to make everyday chores easier. Work at your own pace and progress at a comfortable speed. Within a few weeks you will see the difference stretching can have on the daily course of your life and overall health. Kids ages 14+ can register with an adult.

Ages 14+

Tuesdays | Starts Jan. 22 | 10 sessions
7-8 p.m. | Wren Hollow Elementary
Thursdays | Starts Jan. 24 | 10 sessions
7-8 p.m. | Parkway Central High
\$65 | \$32.50 Gold Card/Golden Key Card

ABOUT THE INSTRUCTOR

Community Ed fitness instructor Julie Williams has been teaching dance and fitness classes for more than 15 years and has had more than 20 years of training. She was the first person in the state of Missouri to be certified to teach all types of dance and fitness classes. [Click to learn more about Julie in this video!](#)



ZUMBA

Advanced Zumba

Want to take your love of Zumba to the next level? This class is meant for people who have already taken Zumba. We will be learning more advanced steps and moving a bit faster. Come move to the beat in this exercise class that helps strengthen muscles, promote weight loss and have fun! Kids ages 14+ can register with an adult.

Ages 14+

Mondays | Starts Jan. 28 | 10 sessions
7-8 p.m. | Hanna Woods Elementary
\$65 | \$32.50 Gold Card/Golden Key Card

Zumba

Move to the beat! Zumba is the exercise craze that combines aerobic workout, high energy and motivating music with fun Latin dance steps and rhythms. This effective, high calorie burning workout is fun, easy to follow and requires no prior dance experience. Strengthen muscles, promote weight loss or just cut loose and have fun. Kids ages 14+ can register with an adult.

Ages 14+

Tuesdays | Starts Jan. 22 | 10 sessions
8-9 p.m. | Wren Hollow Elementary
Thursdays | Starts Jan. 24 | 10 sessions
8-9 p.m. | Parkway Central High
\$65 | \$32.50 Gold Card/Golden Key Card

Now your
teen can
join you at
these fitness
classes!



Namaste! Enjoy the Benefits of Yoga

YOGA FOR FAMILIES

Yoga for Families: A Taste of Yoga

Have fun and get fit participating with your child in a yoga class designed to improve flexibility, strength, and balance while enhancing focus and awareness. Offered in partnership with Fitness With A Twist Inc., S. Womack, Ph.D., Iyengar Certified, RYT.



All ages | Thursdays | Starts March 28
6 sessions | 6-6:50 p.m. | Parkway Central High
\$45 | Gold Card/Golden Key Card does not apply

Yoga for Families: A Taste of Yoga II

Building on the poses learned in *Yoga for Families: A Taste of Yoga* you will continue to improve flexibility, strength, and balance while enhancing focus and awareness. Offered in partnership with Fitness With A Twist Inc., S. Womack, Ph.D., Iyengar Certified, RYT.

All ages | Mondays | Starts March 25
6 sessions | 6-6:50 p.m. | Parkway Central High
\$45 | Gold Card/Golden Key Card does not apply



Take time out from your busy schedule and have fun with your child at our Yoga for Families programs!

Mommy & Me Parent Child Yoga

Gain strength and tone muscle while bonding, and playing with your kiddo. You'll alleviate neck, shoulder, and back pain through yoga postures. Come with an open heart and mind to play with your child and cultivate calmness, explore playful movements, gentle kids massage and stretches. Taught by Community Ed Instructor Angela Jurgensen.



Friday | March 8 | Ellisville Elementary | \$10/person
Ages 2-5 and Mom | 6-7 p.m.
Ages 6-12 and Mom | 7:10-8:10 p.m.

YOGA FOR ADULTS

Beginning Yoga

Experience the gift of yoga! Yoga benefits those of all ages– improving flexibility, strength, and balance. Practice can reduce stress, enhance mental clarity and awareness through a body-breath-mind connection. Offered in partnership with FWAT Inc., S. Womack, Ph.D., Iyengar Certified, RYT.

Ages 18+
Wednesdays | Starts Jan. 23 and March 27 | 6 sessions
6:15-7:15 p.m. | River Bend Elementary | \$69
Thursdays | Starts Jan. 24 and March 28 | 6 sessions
7-8 p.m. | Parkway Central High | \$69

Beginning Yoga II

For students who attended Beginning Yoga or have prior yoga experience. Previously learned and new postures will continue to improve flexibility, strength, and balance. Offered in partnership with FWAT Inc., S. Womack, Ph.D., Iyengar Certified, RYT.

Ages 18+
Wednesdays | Starts Jan. 23 | 6 sessions
7:15-8:45 p.m. | River Bend Elementary | \$85

Continuing Yoga

For students with prior yoga experience, continue to build on your skills to increase flexibility, strength, balance and awareness while calming your mind through breathing techniques. Offered in partnership with Fitness With a Twist Inc., S. Womack, Ph.D., Iyengar Certified, RYT.

Ages 18+
Mondays | Starts Jan. 28 and March 25 | 6 sessions
7-8:30 p.m. | Parkway Central High | \$85
Wednesdays | March 27 | 6 sessions
7:15-8:45 p.m. | River Bend Elementary | \$85

Gold Card/Golden Key Card do not apply unless indicated. Program details are subject to change. For the most updated information visit www.prcommunityed.org or call or text us at 636.891.6644.



New Interactive Feature: Click a program name to learn more and register!



Namaste! Enjoy the Benefits of Yoga

YOGA FOR ADULTS

Vinyasa Flow Yoga

Connect movement to breath while developing strength and flexibility. Incorporate meditation and a series of postures to restore your body, mind and soul. Accessible for all levels with props available and variations to challenge more advanced practitioners as well. Taught by Community Ed instructor Gina Caruso.

Ages 18+

Mondays | Starts Jan. 28 | 10 sessions

6:15-7:10 p.m. | Sorrento Springs Elementary

\$65 | \$32.50 Gold Card/Golden Key Card



If you've never tried yoga or are looking to refine your form, there's a class for you.

Yoga for Men

Are you a sports enthusiast or an armchair athlete? Either way YOGA is for you! Developing a yoga practice enhances clarity and awareness while improving flexibility, strength, and balance. Bring a blanket or a yoga mat to the first class. Props will be discussed at the first class. Instructor: S. Womack, Ph.D., Iyengar Certified, RYT; Fitness With A Twist Inc.

Ages 18+

Mondays | Starts Jan. 28 | 6 sessions

6-6:50 p.m. | Parkway Central High

\$59 | Gold Card/Golden Key Card does not apply

ALL
NEW

Root Yoga

Root Yoga is the fundamentals of yoga. You experience self-awareness, learn how to move your body in different ways of discovering sensations, and linking the breath into a creative flow. There are no plank or chaturanga poses during this practice. It is a very intentional practice standing up and on the floor with a beginning and an ending meditation. Taught by Community Ed instructor Angela Jurgensen.

Ages 18+

Mondays | Starts Jan. 28 and March 25 | 6 sessions

6-7 p.m. | Ellisville Elementary

\$39 | \$19.50 Gold Card/Golden Key Card

ALL
NEW

Vinyasa Yoga

Gradual progression of poses that target muscles and leads to a dynamic and challenging flow from posture to posture. It is a connection of mind, body and spirit that incorporates different types of poses. Taught by Community Ed instructor Angela Jurgensen.

Ages 18+

Tuesdays | Starts Jan. 22 and March 26 | 6 sessions

7:10-8:10 p.m. | Ellisville Elementary

\$39 | \$19.50 Gold Card/Golden Key Card

Yin Yoga

This slower paced yoga targets the connective tissues such as ligaments, bones and joints. Yin cultivates awareness of inner silence, a mindfulness meditative type of yoga. Taught by Community Ed instructor Angela Jurgensen.

Ages 18+

Tuesdays | Starts Jan. 22 and March 26 | 6 sessions

6-7 p.m. | Ellisville Elementary

\$39 | \$19.50 Gold Card/Golden Key Card

Restorative Yoga

Restorative yoga is a practice that leads you toward a more healing and recuperative experience, introduces a wonderful benefit to the body, mind, and heart, an opportunity for a deeper level of relaxation. Taught by Community Ed instructor Angela Jurgensen.

Ages 18+

Mondays | Starts Jan. 28 and March 25 | 6 sessions

7:10-8:10 p.m. | Ellisville Elementary

\$49 | \$24.50 Gold Card/Golden Key Card

Click a program title or here to register or call or text **636.891.6644** for more information.





Close to Nature - Close to Home

Babler Outdoor Education Center

A partnership between Community Ed and the Missouri Dept. of Natural Resources at Babler State Park

WILD FAMILY FUN

GPS Winter Wonderland

New winter program added!

Get ready for a stroll through a Winter Wonderland! Bring the whole family to the beautiful Babler State Park for a winter adventure you won't forget. Families will work together with a GPS unit to find locations around the Babler OEC facility. Instructions will be provided so no previous experience is necessary. One GPS unit will be available for each family in attendance. Grab a coat and your sense of adventure and join us for this one of a kind family event!



All Ages
 Sunday | Jan. 13 | 9 a.m. - 12 p.m. or 1-4 p.m.
 Babler Outdoor Education Center
 \$8 per person

We absolutely love this program! What a great time spent with our family outdoors.

We have fun every year and highly recommend the Babler programs!
 - Kim M.
 Past Participant

GPS Egg Hunt

Bring out the whole family to Babler Memorial State Park, grab a GPS and go on an egg hunt you will never forget! Eggs will be hidden in various places around the entire park including on trails, under pavilions, in fields and everywhere in between. No previous experience is necessary. Sign up to use one of our GPSs pre-loaded with the egg's locations and we will give you all the instruction you need. Would you rather use your equipment?? No problem! Use your own GPS and we will provide you the coordinates for all the hidden eggs!

All Ages
 Sunday | April 7 | 9 a.m. - 12 p.m. or 1-4 p.m.
 Babler Outdoor Education Center
 \$8 per person

Facility Rental Information

The Outdoor Education Center (OEC) at Dr. Edmund A. Babler Memorial State Park in Wildwood is a 300-acre retreat nestled in the valley of one of Missouri's finest state parks. The OEC is the perfect chance to get away, without having to go away! The Parkway-Rockwood Community Education Department manages the OEC year round, welcoming more than 10,000 people to the facility annually.

It is available for week-long, weekend, and daily rental to organized groups, including summer camps, school programs, scout troops, retreat groups and community organizations.

The OEC offers the opportunity for outdoor recreation to people of all abilities. The site is designed to accommodate residential groups up to 168 participants and day groups of almost any size.

Facility features include:

- Dining Hall with full service kitchen
- Eight heated cabins that can each sleep 20
- Air-conditioned recreation hall
- Swimming pool with zero-depth entry
- Catch and release fishing pond
- Archery range
- Multi-purpose fields

Call the Outdoor Education Center office at 636-458-3048 to schedule a tour of the facility and begin planning your outdoor adventure today!



The Babler Outdoor Education Center features 8 heated cabins that can each sleep 20.

New Interactive Feature: Click a program name to learn more and register!

Adventure and Memories Await!

2019 Trip Dates

Ozark Rocks

Fall Overnight Trip for 4th & 5th Grade Families



Create memories as you reconnect with your child and explore unique features that make the Ozark Mountain region a national treasure.

NEW FOR 2019: The trip will be open to 4th and 5th grade families!

Save the Dates!

Sept. 14-15 and Sept. 28-29

Registration is now open.

\$179 per person

Smoky Mountains Adventure

Spring Trip for Rockwood 5th Graders



Travel to the Great Smoky Mountains for an adventure-packed four days exploring the wilderness and developing leadership skills.

Fairway, Green Pines, Pond.....March 1-4*

Sold Out! Ridge Meadows, Wild Horse, Woerther... March 8-11*

Ellisville, Kehrs Mill, Westridge..... March 29- April 1*

Blevins, Eureka, Geggie..... April 12-15*

Sold Out! Bowles, Kellison, Stanton, Uthoff Valley... May 3-6*

Sold Out! Babler, Ballwin, Chesterfield..... May 17-20*

*Please note bus departure is evening before the first date of the trip.

\$585 | A \$195 deposit is due at registration.

Great Lakes Voyage

Summer Trip for Students in Grades 6-8 in 2019-20



Click here to learn more in this video!

Travel to the North Shore of Lake Superior for a week of adventure and outdoor education.

July 21-27, 2019

\$725 | \$175 deposit is due at time of registration.

Registration is now open. Makes a great gift!

Atlantic Coastal Quest

Marine Science Trip for Students in Grades 9-10 in 2019-20



Click here to learn more in this video!

Pack your bags and head to the coast on a Marine Science trip! Venture to Wallops Island for a week of discovery on the Virginia coast.

June 16-22, 2019

\$1,095 | A \$195 deposit is due at time of registration.

Registration is now open. Makes a great gift!



Rockwood Swim Club

Rockwood Swim Club (RSC) is founded on the belief that competitive swimming offers an exciting, worthwhile experience in a young person's life. With nearly 300 swimmers, RSC is continually ranked in the top 5% of swim clubs in the nation. Whether you are looking to swim for a club full time, to continue swimming after summer league, to prepare for high school competition, or to train for college scholarships, RSC provides swimming programs for athletes of all abilities. RSC is open to swimmers throughout the St. Louis region.



The 50-meter heated outdoor pool at Crestview Middle School was recently renovated and is our training facility from April through October.

Summer League Prep

This seven week program is the perfect choice to prepare for your Summer swim team! Three practices a week focusing on stroke technique, racing strategy, starts and turns, and more! This program is led by Rockwood Swim Club coaches.

Ages 5-18 | April 1 - May 18
 Tuesdays | 7:15-8:15 p.m. | Lafayette High
 Wednesdays | 6-7 p.m. | Eureka High
 Saturdays | 12-1 p.m. | Lafayette High
 \$199

High School Prep

This program is for high school swimmers that want a tune-up before the high school season. The program focuses on endurance, starts and turns and all the things important to high school swimming. Practices will be three days per week for 1.5 hours in the evenings.

Grades 9-12 | June 3 - August 3
 Tuesday & Thursday | 5:30-7 p.m.
 Saturday | 10 a.m.-11:30 a.m.
 Marquette High | \$249
 No practice July 4 and 6

Qualifications: Swimmers need to be able to swim at least 300 yards and a legal 100 Individual Medley to be placed on the team.

Group Placement: All new swimmers need to attend a swimming placement session at one of the times listed below in order to be placed in an appropriate swim club group.

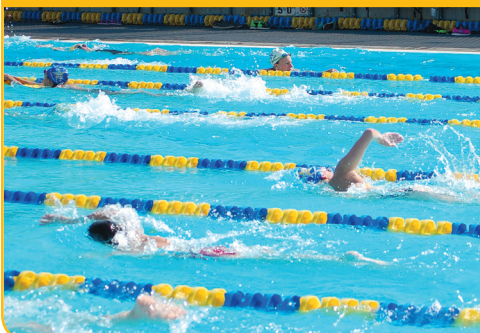
Dec. 10-11 | 7:15-7:45 p.m. | Crestview Middle
 March 11-12 | 7:15-7:45 p.m. | Crestview Middle
 May 20-21 | 7:15-7:45 p.m. | Crestview Middle

Fees: A USA membership, administration, program enhancement and swim meet fees are in addition to the monthly club fees and are the responsibility of the swimmer.

Visit www.rockwoodswim.org or call or text us at **636.891.6644** for more information.



Recognition Award



The USA Swimming Club Excellence Program identifies and recognizes swim clubs for their commitment to performance

excellence. Rockwood Swim Club earned Bronze Medal Club status for 2018.



Learn to Swim

INFANT SAFETY



Click here to learn more in this video!

Infant Swimming Resource Instructor Christie Cloutman can help your infant or toddler learn invaluable skills to be safe around the water.

Infant Swimming Resource (ISR)

This program goes beyond traditional swimming instruction by teaching ISR Self-Rescue® techniques to help children survive should they find themselves in the water alone. Offered in partnership with Certified ISR Instructor Christie Cloutman.

Ages 6 months – 6 years

One-on-one, private lessons are scheduled five days per week (M-F), ten minutes each day for 4-6 weeks. Interested participants must contact Christie Cloutman at 636-590-6993 prior to registration. Visit www.isrstl.com for more information about the program.



SwimAmerica is a state-of-the-art, learn to swim program for ages 6 months to adult developed by the American Swim Coaches Association. Taught in 10 stations, each new student will be evaluated and placed in the station that best suits their ability.

My kids looked forward to each lesson and made great progress. It was so fantastic to see them really enjoy learning and it was all because of your staff. Each instructor was so knowledgeable, kind and a wonderful role model.

- Kristine R.
SwimAmerica Parent

Parent/Child Classes (ages 6 months–2 years):

Designed to have parents in the pool with their child while learning through the use of songs and games.

Preschool Classes (ages 3–5): Designed to teach proper breathing, front/back float and kicking techniques.

SwimAmerica Classes (ages 4–17): Proper techniques are emphasized, with attention to correct body position, movement of arms and legs, breathing and timing of strokes.

Private Lessons

(all ages): For those who prefer one-on-one instruction.

See complete schedule of all SwimAmerica classes on pages 34-35.

Pre-Competitive Swim Team

Perfect for the swimmer who does not have the time to commit to a competitive program but wants to learn more than lessons.

Qualifications: 50 yards freestyle, 25 yards backstroke and have an idea of how to swim breaststroke and butterfly; or be in station 8 or higher in SwimAmerica.

M & W | 7:30–8:15 p.m. | Crestview Middle
 M & W | 7:30–8:15 p.m. | Rockwood Summit HS
 T & Th | 7:30–8:15 p.m. | Crestview Middle

Session 4: January 7-March 14 | \$175
 Session 6: March 25-May 23 | \$175



SwimAmerica allows swimmers to progress at their own pace (no waiting to move up!)

Click a program title or here to register or call or text **636.891.6644** for more information.





Learn to Swim

SWIMAMERICA SCHEDULES

All weekday classes meet once a week on the same day each week. **There will be no make-ups or refunds if you are unable to attend a class.**

Crestview Session Schedule

- Session 4:** January 3 - February 2
- Session 5:** February 4 - March 14
- Session 6:** March 25 - April 27
- Session 7:** April 29-May 23

No classes on below dates:
Jan. 21, Feb. 18, March 15-16, April 19-22

Rockwood Summit Session Schedule

- Session 4:** January 7 - February 2
- Session 5:** February 4 - March 13
- Session 6:** March 25 - April 27
- Session 7:** April 29 - May 22

No classes on below dates:
Jan. 9, Jan. 21, Feb. 18, April 19-22

WE'RE HIRING SWIMAMERICA INSTRUCTORS

Top reasons to become an instructor with our SwimAmerica program:

- Flexible evening and weekend hours that work around your school schedule
- Convenient locations in Ellisville and Fenton
- All training provided (you do not have to be a certified lifeguard)
- Work with kids while teaching a valuable life skill
- Have FUN!



APPLY TODAY!

We have immediate openings at both locations. Call 636-891-6630 or visit our website for more information.

Rockwood Summit High School | Group Lessons

Day	AM Times	Class	Sessions	Fee*
Saturday	9:15–9:45 a.m.	Preschool	4, 5, 6, 7	\$39/\$52/\$65
Saturday	9:15–9:55 a.m.	SwimAmerica	4, 5, 6, 7	\$39/\$52/\$65
Saturday	10–10:40 a.m.	SwimAmerica	4, 5, 6, 7	\$39/\$52/\$65
Day	PM Times	Class	Sessions	Fee*
Monday	6–6:30 p.m.	Preschool	4, 5, 6, 7	\$39/\$52/\$65
Monday	6–6:40 p.m.	SwimAmerica	4, 5, 6, 7	\$39/\$52/\$65
Monday	6:45–7:25 p.m.	SwimAmerica	4, 5, 6, 7	\$39/\$52/\$65
Wednesday	6–6:30 p.m.	Preschool	4, 5, 6, 7	\$39/\$52/\$65
Wednesday	6–6:40 p.m.	SwimAmerica	4, 5, 6, 7	\$39/\$52/\$65
Wednesday	6:45–7:25 p.m.	SwimAmerica	4, 5, 6, 7	\$39/\$52/\$65

*Prices vary based on number of weeks class runs: 3 weeks (\$39) 4 weeks (\$52), 5 weeks (\$65)

Rockwood Summit High School | Private Lessons

Days	AM Times	Class	Sessions	Fee*
Saturday	10:45–11:10 a.m.	Private Lesson	4, 5, 6, 7	\$63/\$84/\$105

Crestview Middle School | Private Lessons

Day	PM Times	Class	Sessions	Fee*
Friday	6–6:25 p.m.	Private Lessons	4, 5, 6, 7	\$84/\$105
Friday	6:30–6:55 p.m.	Private Lessons	4, 5, 6, 7	\$84/\$105
Friday	7–7:25 p.m.	Private Lessons	4, 5, 6, 7	\$84/\$105
Saturday	11:45 a.m.–12:10 p.m.	Private Lessons	4	\$84/\$105
Saturday	12:15–12:40 p.m.	Private Lessons	4	\$84/\$105
Saturday	12:30-12:55 p.m.	Private Lessons	5, 6, 7	\$84/\$105
Saturday	12:45-1:10 p.m.	Adaptive Lessons	4	\$84/\$105
Saturday	1-1:25 p.m.	Adaptive Lessons	5, 6, 7	\$84/\$105

*Prices vary based on number of weeks class runs: 3 weeks (\$63), 4 weeks (\$84), 5 weeks (\$105)

New Interactive Feature: Click a program name to learn more and register!



Learn to Swim

SWIMAMERICA SCHEDULES

Crestview Middle School Group Lessons				
Day	AM Times	Class	Sessions	Fee*
Monday	9:30–10 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Monday	10-10:30 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Tuesday	10–10:30 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Tuesday	10:30-11 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Wednesday	9:30-10 a.m.	Parent/Child	4, 5, 6, 7	\$52/\$65
Wednesday	9:30-10 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Wednesday	10-10:30 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Thursday	10–10:30 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Thursday	10:30–11 a.m.	Preschool	4, 5, 6, 7	\$52/\$65
Day	PM Times	Class	Sessions	Fee*
Monday	4:30–5:10 p.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Monday	5:15–5:55 p.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Monday	6-6:30 p.m.	Preschool	4,5, 6, 7	\$52/\$65
Monday	6–6:40 p.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Monday	6:45–7:25 p.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Tuesday	4:30–5:10 p.m.	SwimAmerica	6, 7	\$52/\$65
Tuesday	5:15–5:55 p.m.	SwimAmerica	6, 7	\$52/\$65
Tuesday	6-6:30 p.m.	Preschool	6, 7	\$52/\$65
Tuesday	6–6:40 p.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Tuesday	6:45–7:25 p.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Wednesday	4:30–5:10 p.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Wednesday	5:15–5:55 p.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Wednesday	6–6:30 p.m.	Preschool	4,5, 6, 7	\$52/\$65
Wednesday	6–6:40 p.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Wednesday	6:45–7:25 p.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Thursday	4:30–5:10 p.m.	SwimAmerica	6, 7	\$52/\$65
Thursday	5:15–5:55 p.m.	SwimAmerica	6, 7	\$52/\$65
Thursday	6-6:30 p.m.	Preschool	6, 7	\$52/\$65
Thursday	6–6:40 p.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Thursday	6:45–7:25 p.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Friday	4:30-5 p.m.	Preschool	6, 7	\$52/\$65
Friday	4:30–5:10 p.m.	SwimAmerica	6, 7	\$52/\$65
Friday	5:15–5:55 p.m.	SwimAmerica	6, 7	\$52/\$65
Day	AM/PM Times	Class	Sessions	Fee*
Saturday	8:55–9:25 a.m.	Parent/Child	4,5, 6, 7	\$52/\$65
Saturday	8:55–9:25 a.m.	Preschool	4,5, 6, 7	\$52/\$65
Saturday	9:30–10:10 a.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Saturday	10:15–10:55 a.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Saturday	11–11:40 a.m.	SwimAmerica	4,5, 6, 7	\$52/\$65
Saturday	11:45 a.m.–12:25 p.m.	SwimAmerica	5, 6, 7	\$52/\$65

*Prices vary based on number of weeks class runs: 3 weeks (\$39), 4 weeks (\$52) and 5 weeks (\$65).



Get Moving in the Water

ADULT SWIMMING PROGRAMS

Adult Master/ Lap Fitness Swimming

Try our coached master swim program or do your own workout. All swimming abilities and fitness levels are welcome. Workouts will be given to help adults who still compete, former swimmers, or triathletes looking to improve.

Ages 18+

Monday–Saturday

5–6:30 a.m. | Marquette High

Monday–Friday

10:30 a.m.–12 p.m. | Crestview Middle

Daily: \$5 per visit (payable at pool)

Monthly (unlimited swims): \$80

Monthly rate begins the first of each month

Session (unlimited swims): \$160

Session runs January 1 through April 30

You can register online but no pre-registration required.

Adult Beginner Swim Lessons

This class is for the true beginner age 19 and up. Taught in a small group setting, you will learn to float, kick, swim and be safe in the water. More advanced swimmers can attend the adult master swim program.

Saturdays | 8-8:40 a.m. | Crestview Middle

Fridays | 9:30-10:10 a.m. | Crestview Middle

\$39 for 3 weeks | \$52 for 4 weeks | \$65 for 5 weeks

See our website at www.prcommunityed.org for session schedules.

Water Walking

Water walking takes place in, at, or around chest deep water; sometimes it may include shallow and deep water exposure. The class will be various workouts with a focus on aerobic activity, strength and flexibility. Range of motion and proper technique will be the foundation class. All levels and swimming experience welcome.

Mondays & Wednesdays | Starts Jan. 7

Crestview Middle | 9-10 a.m.

\$175 | Gold Card/Golden Key Card \$87.50

AQUA AEROBICS



There are a variety of aquatics programs you can utilize at Crestview Middle School including Masters Swimming, Beginning Swim Lessons, Water Walking and Aqua Aerobics.

Aqua Aerobics

This low impact workout challenges those who want to get in shape through low-impact cardio, muscle toning, strengthening and balance work. Deep water and shallow water classes meet two times per week.

January 7- May 23

Mondays & Wednesdays | Crestview Middle

8-8:45 a.m. | Shallow Water | \$175

9-10 a.m. | Water Walking | \$175

No classes Jan. 21 and Feb. 18.

Tuesdays & Thursdays | Crestview Middle

8-8:45 a.m. | Shallow Water | \$190

9-9:45 a.m. | Deep Water | \$190

Fridays | Crestview Middle

8:30-9:15 p.m. | Shallow Water | \$85

Gold Card/Golden Key Card

\$87.50 (M/W), \$95 (T/Th), \$42.50 (F)

Click a program title or here to register or call **636.891.6644** for more information.



New Interactive Feature: Click a program name to learn more and register!



Early Childhood Education

Parkway Early Childhood Parents as Teachers (PAT)

Birth to Five Years

Give your child the best possible start with this program that includes: degreed and certified parent educator, personal visits with parent educator, parent workshops, family activity sessions to enjoy with your child and screenings to check your child's development. **Free to Parkway residents.** Call 314-415-6973.

Parent-Child Interaction Program

Give your child the gift of music, art, movement and more with these affordable classes. Your little one will bring a lucky grown-up to enjoy classes together. Topics include yoga, healthy eating, science, math and other high-interest, fun subjects. There are morning, afternoon and evening classes and are open to anyone. Call 314-415-6955.

Kids Morning Out Program

This is a fun and affordable preschool experience for children who will turn 3 between August 1, 2018 and July 31, 2019. Parents drop off their children for this two-hour program that blends developmentally appropriate curriculum with opportunities for social growth. Classes taught by certified teacher and teacher assistant. Call 314-415-6955

Preschool Programs

Preschool is a tuition-based program for children 3-5 years of age. Certified teachers implement a developmentally appropriate rich curriculum. Children may attend between 2-5 half days or five full days per week. Call 314-415-6970.

Play-Base Screenings

For Parkway Residents Only - Free

This child-friendly approach to screening allows parents to learn about their child's development. Children ages 3-5 play in small groups. Hearing and vision are also screened. Call 314-415-6969.

Special Education Classes

Classes and therapy are available for 3-5 year olds who qualify for special education services. Offered by St. Louis County Special School District in various locations. **Free to Parkway Residents.** Call 314-415-4977.

Visit www.parkwayschools.net or call 314-415-6955 for more information.

Rockwood Early Childhood

Preschool Enrollment Night

January 2019

Please visit our Early Childhood Website for more information click here.

Parents as Teachers (PAT)

Prenatal-Age 3

Parents as Teachers provides personal visits to families focused on parent-child interaction, development-centered parenting, and family well-being. Certified parent educators support parents throughout pregnancy until their child is 3. **Free to Rockwood residents.** Call 636-891-6216.

Screenings

Ages Three Months-3 Years

The 30-minute screening includes a vision and hearing assessment as well as a review of your child's overall health. **Free for Rockwood residents.**

Ages 3 and 4 (Pre-Kindergarten)

The screening assesses 3 major areas: motor, concepts, and language. The process takes approximately 60-90 minutes. The screening includes a vision/hearing assessment as well as a personal conference to review the results. **Free for Rockwood residents.**

Mini Preschool

These classes provide children who will turn 3 between August 1, 2018 and July 31, 2019. Short term classes focus on social development and interactive play. There are many classes to choose from to suit your child's best interest.

Half-Day Preschool - Ages 3-5

This nine-month program provides a variety of options to parents looking for a three hour preschool. All teachers are certified by the state of Missouri. Class size is limited to 14 to promote more student/teacher interaction. Child must be at least 3 by July 31.

Full-Day Preschool - Ages 3-5

The Full-Day Preschool combines preschool and childcare for families needing full day services. School year teachers are certified by the State of Missouri. Children must be at least 3 by July 31. Call Patty at 636-891-6260 EXT. 21522.

Visit www.rsdmo.org/earlychildhood or call 636-891-6200 for more information.



Offering Quality Care Since 1984

ADVENTURE CLUB

Adventure Club is a school-age care program that engages children in developmentally appropriate and enriching activities in an environment that supports independent choice guided by caring adults.

Before and After School Care

Available in all Parkway and Rockwood elementary schools, the Before and After School program provides children in grades K-5 with a safe, well-supervised and fun environment. The before school program begins at 6 a.m. in Parkway and 6:30 a.m. in Rockwood until the start of school. The after-school program runs from the end of the school day until 6 p.m. in both districts. The schedule includes a variety of indoor and outdoor activities, snack and homework help. Students enrolled in the Before and After School program also have the option to sign up for Holiday Adventure Club (additional fees apply).

“My son loves the staff, the other kids and the activities at Adventure Club and I feel blessed that I have someplace this awesome to send him before and after school! I don't worry about him at all while he is there! Having that peace of mind is priceless! I am thankful every day for the Adventure Club staff members who make it an awesome experience for my child!”

Frances S.
Adventure Club Parent

Early Release and Late Start Care

Adventure Club provides care for families on days when the Rockwood School District schedules early release from school and on days when the Parkway School District schedules late start mornings.

MARK YOUR CALENDAR!

SummerLink and the Zone registration opens **FEBRUARY 10**.

Registration for the 2019-20 school year opens **MARCH 25! SIGN UP EARLY!**

For schedules, fees and to register online, visit www.prcommunityed.org or call 636.891.6675 or text 636.861.6644 for more information.



Adventure Club

Now Hiring Before & After School Positions at 37 Elementary Schools!

Great Work Environment,
Great Benefits, Great Job!

Are you looking for a part-time job to earn some extra money? Do you know a college student or adult looking for a job that will work around their schedule? Check out all these benefits of working with Adventure Club!

- Flexible hours with no nights or weekends
- Split shift bonus pay
- Paid time off for holidays, sick time, and perfect attendance pay
- Positions available in Parkway and Rockwood
- Impact lives of children every day
- Free child-care while you work (restrictions apply)
- Fun while you work!



To learn more or apply go to www.prcommunityed.org/adventureclub email ACjobs@prcommunityed.org or call 636.891.6675 or text 636.891.6673



Free Learning for Work and Life

ABOUT AEL



The Missouri Adult Education and Literacy (AEL) Program provides

assistance to help Missouri adults get the basic skills they need to be productive workers, family members, and citizens. All teachers hold Missouri Adult Education certification.

CONTACT INFORMATION

**Parkway-Rockwood Community Ed
Adult Education & Literacy Office**

314-415-4940

www.prcommunityed.org

ADULT BASIC EDUCATION/HIGH SCHOOL EQUIVALENCY PREP

Our Adult Education classes help students 17 and older prepare for the Missouri High School Equivalency tests (HSE/GED); improve reading, writing, language and math skills; and develop college and career readiness skills.

Classes focus on:

- Basic educational skills
- Preparation for higher education
- Skills needed to enter or return to the workforce and to advance in the workforce

Classes are FREE and taught by certified teachers. We offer classes in the Parkway, Rockwood, Clayton, Brentwood, Pattonville, Ladue, Hazelwood and Maplewood/Richmond Heights school districts.



Our Adult Education and English as a Second Language Classes. You do NOT need to be a resident of the school district to attend one of the classes.

The Adult Education & Literacy is a great program for adults to prepare for the GED, one of the benefits I have received is overcoming test anxiety I like how you are able to work at your own pace and the hours are flexible with my schedule.

- Monique D.
AEL Student

PREPARE & STUDY ONLINE

The online classroom lets you communicate with instructors at your convenience and gives you unlimited study resources on the Internet. You can study according to your schedule, day or night. Classes are free to Missouri residents 17 years of age and older. Visit us at www.MOLearns.com or call 314-415-4936.

VOLUNTEER OPPORTUNITIES

Teach an adult to read, write, and improve math skills. Help a foreign student converse and understand American customs. Work one-on-one or with a small group. You do not need to be a certified teacher. Training provided. Volunteer opportunities are available in the Parkway, Rockwood, Hazelwood, Pattonville, Clayton, Brentwood and Maplewood school districts. Call 314-415-4941 for more information.



*We are always looking for volunteers.
Call 314-415-4941 if interested.*



Free Learning for Work and Life

ADULT BASIC EDUCATION/HIGH SCHOOL EQUIVALENCY PREP

Class Schedule and Locations

Spring classes begin January 7, 2019. Before beginning any class, students MUST attend a multiple-day orientation. Student orientations are scheduled every month. Visit our website for session start dates and times. Call our office at 314-415-4940 to sign up for an orientation session.

Day	Time	Location	Address
Brentwood			
M-Th	9 a.m.-12 p.m.	MERS-Goodwill Center	2545 S. Hanley Rd. Brentwood, 63144
Bridgeton			
M-Th	9 a.m.-12 p.m.	Faith Baptist Church	12061 Natural Bridge Rd. Bridgeton, 63044
Creve Coeur			
M-Th	1-4 p.m.	Fern Ridge High School, Door 6	13157 N. Olive Spur Rd. Creve Coeur, 63141
Ellisville			
T & Th	5:30-8:30 p.m.	Crestview Middle School, Rm. 110	16025 Clayton Road Ellisville, 63011
Fenton			
T & Th	6-8:30 p.m.	Rockwood Summit HS, Rm. 110	1780 Hawkins Rd. Fenton, 63026
Florissant			
M-Th	9:30 a.m. -12:30 p.m.	Trinity Mt. Carmel Baptist Church	11755 Mehl Ave. Florissant, 63033
M & W	5:30 - 8:30 p.m.	Christ the King United Church of Christ	11370 Old Halls Ferry Rd. Florissant, 63033
Hazelwood			
M & T	5:30 - 8:30 p.m.	Hazelwood West High School, Rm 127	1 Wildcat Lane Hazelwood, 63042
Maplewood			
M-Th	9 a.m. - 12 p.m.	Maplewood Doors to Success (17-23 years old only)	7126 Bruno Ave Maplewood, 63143
Maryland Heights			
T & Th	5:30 - 8:30 p.m.	Pattonville High School, Rm D108	2497 Creve Coeur Mill Rd. Maryland Heights, 63043
Spanish Lake			
M-Th	9 a.m. - 12 p.m.	Hazelwood Doors to Success (17-23 years old only)	12079 Bellefontaine Rd. Spanish Lake, 63138
T-Th	10:45 a.m. - 2 p.m.	Hazelwood Doors to Success (17-23 years old only)	12079 Bellefontaine Rd. Spanish Lake, 63138
St. Ann			
M, T, Th, F	9 a.m. - 12 p.m.	Missouri Job Center	715 Northwest Plaza Dr. St. Ann, 63074

Visit www.prcommunityed.org or call 314.415.4940 or text 636.891.6644 for more information.





Free Learning for Work and Life

ENGLISH AS A SECOND LANGUAGE

Come learn English in a friendly adult class.

We serve international speakers of other languages, 17 years of age and older. We provide comprehensive classes focused on accomplishing the students' goals. **All classes are FREE.**

Classes will help you: learn to speak, read, and write in English, learn about and participate in American customs and learn what it takes to become a citizen.

Class Schedule and Locations

Spring classes begin the week of January 7, 2019. Before beginning any class, you **MUST** attend a multiple-day orientation. Student orientations are scheduled every two weeks. Visit our website or call 314-415-4940 for orientation dates and times.

Bridgeton	
M-Th	Faith Baptist Church
9 a.m.–12 p.m.	12061 Natural Bridge Rd., Bridgeton, 63044
Chesterfield	
M, W, Th	Wild Horse Elementary
9 a.m. - 12 p.m.	16695 Wild Horse Creek, Chesterfield, 63005
Clayton	
M-W	Clayton High School, Rm 2
6-9 p.m.	1 Mark Twain Circle, Clayton, 63105
Creve Coeur	
M-Th	Fern Ridge High School
9 a.m.–12 p.m.	13157 N. Olive Spur Rd. Door 6 Creve Coeur, 63141
M-Th	Fern Ridge High School
1-4 p.m.	13157 N. Olive Spur Rd. Door 6 Creve Coeur, 63141
M-W	Fern Ridge High School
6-9 p.m.	13157 N. Olive Spur Rd. Door 6 Creve Coeur, 63141
Ellisville	
M-Th	St. John Cornerstone Center
9 a.m. - 12 p.m.	15800 Manchester Rd. Ellisville, 63011
T&Th	St. John Cornerstone Center
6-9 p.m.	15800 Manchester Rd. Ellisville, 63011
Manchester	
M-Th	Manchester United Methodist Church
9 a.m. - 12 p.m.	129 Woods Mill Rd., Manchester, 63011
M & W	Manchester United Methodist Church
1-4 p.m.	(Advanced) 129 Woods Mill Rd., Manchester, 63011
Maplewood	
M-W	Maplewood United Methodist Church
1-4 p.m.	7409 Flora Ave., Maplewood, MO 63143

ADDITIONAL CLASSES

Before beginning any class, you **MUST** attend a multiple day orientation. Call 314-415-4940 for orientation dates and times.

TOEFL Preparation

ESL students prepare for the TOEFL (Test of English as a Foreign Language) exam which is necessary to be admitted to American universities.

Thursdays | 6-9 p.m.

Fern Ridge High School

13157 N. Olive Spur Rd.
Creve Coeur, 63141

Citizenship, English and Conversation

Students learn to become contributing members of American society, participate in group conversation, and enhance their English language skills. Naturalization and driver's license test prep are also offered.

Fern Ridge High School

13157 N. Olive Spur Rd.
Creve Coeur, 63141
Monday–Thursday | 4-5:30 p.m.



- High Schools
- Elementary Schools
- Middle Schools
- School Services

SCHOOL LOCATIONS

High Schools

- 1** Central High
369 N. Woods Mill Road
Chesterfield, MO 63017
- 2** Fern Ridge High
13157 N. Olive Spur Rd.
Creve Coeur, MO 63141
- 3** North High
12860 Fee Fee Road
St. Louis, MO 63146
- 4** South High
801 Hanna Road
Manchester, MO 63021
- 5** West High
14653 Clayton Road
Ballwin, MO 63011

Middle Schools

- 1** Central Middle
471 N. Woods Mill Road
Chesterfield, MO 63017
- 2** Northeast Middle
181 Coeur DeVille Drive
Creve Coeur, MO 63141
- 3** South Middle
760 Woods Mill Road
St. Louis, MO 63011
- 4** Southwest Middle
701 Wren Avenue
Ballwin, MO 63021
- 5** West Middle
2312 Baxter Road
Chesterfield, MO 63017

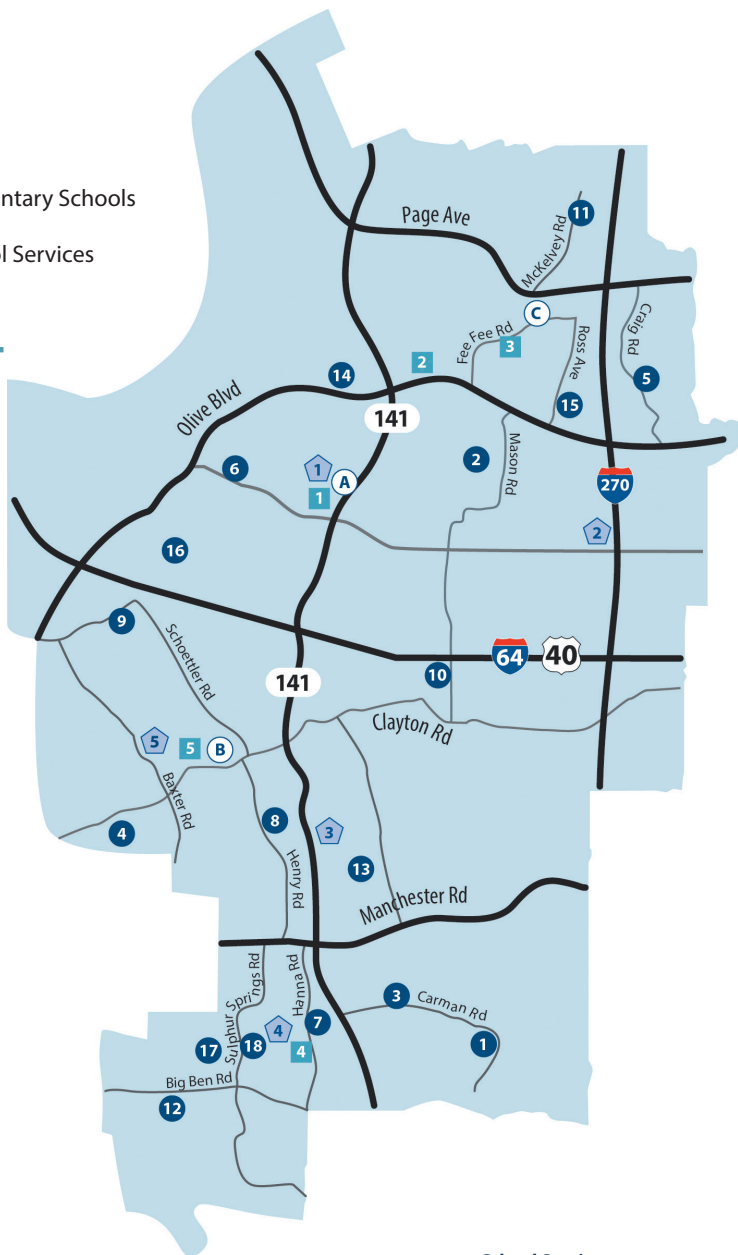
Elementary Schools

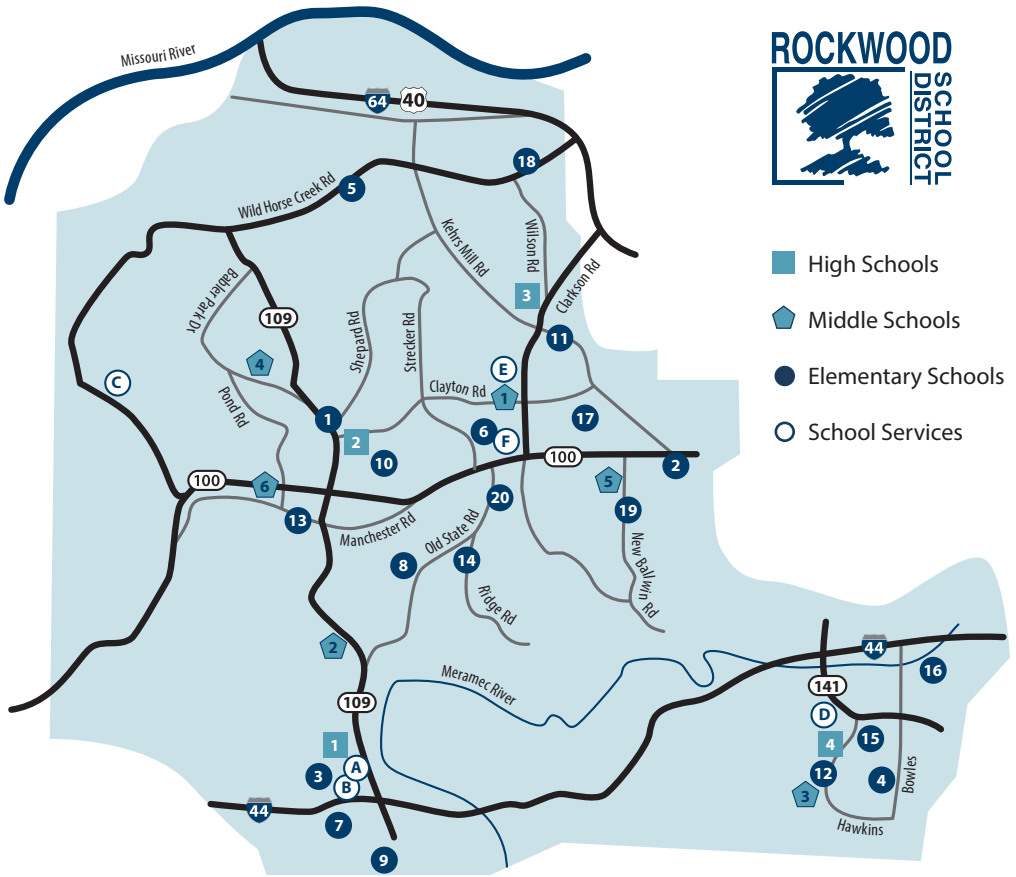
- 1** Barretts
1780 Carman Road
Manchester, MO 63021
- 2** Bellerive
620 Rue de Fleur
Creve Coeur, MO 63141
- 3** Carman Trails
555 Weidman Road S.
Manchester, MO 63021
- 4** Claymont
405 Country Club Drive
Ballwin, MO 63011
- 5** Craig
1492 Craig Road
St. Louis, MO 63146
- 6** Green Trails
170 Portico Drive
Chesterfield, MO 63017
- 7** Hanna Woods
720 Hanna Road
Ballwin, MO 63021
- 8** Henry
700 Henry Avenue
Ballwin, MO 63011
- 9** Highcroft Ridge
15380 Highcroft Drive
Chesterfield, MO 63017
- 10** Mason Ridge
715 S. Mason Road
Town & Country, MO
63141
- 11** McKelvey
1751 McKelvey Road
Maryland Heights, MO
63043
- 12** Oak Brook
510 Big Bend
Ballwin, MO 63021

- 13** Pierremont
1215 Dauphine Ln
Manchester, MO 63011
- 14** River Bend
224 River Valley Drive
Chesterfield, MO 63017
- 15** Ross
1150 Ross Road
St. Louis, MO 63146
- 16** Shenandoah Valley
15399 Appalachian Trail
Chesterfield, MO 63017
- 17** Sorrento Springs
390 Tumulty Drive
Ballwin, MO 63021
- 18** Wren Hollow
655 Wren Avenue
Ballwin, MO 63021

School Services

- A** Administration Building
455 N. Woods Mill Road
Chesterfield, MO 63017
- B** Early Childhood
14605 Clayton Road
Ballwin, MO 63011
- C** Instructional
Services Center
12568 Fee Fee Road
St. Louis, MO 63146





- High Schools
- ▱ Middle Schools
- Elementary Schools
- School Services

SCHOOL LOCATIONS

High Schools

- 1** Eureka
4525 Highway 109
Eureka, MO 63025
- 2** Lafayette
17050 Clayton Rd
Wildwood, MO 63011
- 3** Marquette
2351 Clarkson Rd
Chesterfield, MO 63017
- 4** Rockwood Summit
1780 Hawkins Rd
Fenton, MO 63026

Middle Schools

- 1** Crestview
16025 Clayton Rd
Ellisville, MO 63011
- 2** LaSalle Springs
3300 Highway 109
Wildwood, MO 63038
- 3** Rockwood South
1628 Hawkins Rd
Fenton, MO 63026
- 4** Rockwood Valley
1220 Babler Park Dr
Glencoe, MO 63038
- 5** Selvidge
235 New Ballwin Rd
Ballwin, MO 63021
- 6** Wildwood
17401 Manchester Rd
Wildwood, MO 63038

Elementary Schools

- 1** Babler
1955 Shepard Rd
Glencoe, MO 63038
- 2** Ballwin
400 Jefferson
Ballwin, MO 63021
- 3** Blevins
25 E North St
Eureka, MO 63025
- 4** Bowles
501 Bowles Ave
Fenton, MO 63026
- 5** Chesterfield
17700 Wild Horse Creek
Chesterfield, MO 63005
- 6** Ellisville
1425 Froesel
Ellisville, MO 63011
- 7** Eureka
442 West Fourth St
Eureka, MO 63025
- 8** Fairway
480 Old Fairway Dr
Wildwood, MO 63040
- 9** Geggie
430 Bald Hill Rd
Eureka, MO 63025
- 10** Green Pines
16543 Green Pines Dr
Ellisville, MO 63011
- 11** Kehrs Mill
2650 Kehrs Mill Rd
Chesterfield, MO 63017
- 12** Kellison
1626 Hawkins Rd
Fenton, MO 63026
- 13** Pond
17200 Manchester Rd
Grover, MO 63040
- 14** Ridge Meadows
777 Ridge Rd
Ellisville, MO 63021
- 15** Stanton
1430 Flora Del Dr
Fenton, MO 63026
- 16** Uthoff Valley
1600 Uthoff Dr
Fenton, MO 63026
- 17** Westridge
908 Crestland Dr
Ballwin, MO 63011
- 18** Wild Horse
16695 Wild Horse Creek
Chesterfield, MO 63005
- 19** Woerther
314 New Ballwin Rd
Ballwin, MO 63021
- 20** Center for Creative Learning
265 Old State Rd
Ellisville, MO 63021

School Services

- A** Administrative Center
111 East North Street
Eureka, MO 63025
- B** Administrative Annex
500 North Central
Eureka, MO 63025
- C** Babler Outdoor Education Center
200 Lake Road
Wildwood, MO 63005
- D** Early Childhood-Vandover Campus
1900 Hawkins Rd
Fenton, MO 63026
- E** Early Childhood-Clarkson Valley
2730 Valley Rd
Chesterfield, MO 63005
- F** Community Ed
1425 Froesel
Ellisville, MO 63011



Adult Program Registration Form

Participant 1 Information

Participant 1: _____
 Birth Date: _____ Gender: Male Female
 Email: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Phone: _____
 Rockwood Gold Card/
 Parkway Golden Key Card Holder: Yes No

Program Registration

Program Name: _____
 Location: _____
 Program Name: _____
 Location: _____

Payment Information

Total Fee: \$ _____
 Payment Method: Cash Check (make payable to Parkway-Rockwood Community Ed)
 Credit Card (MasterCard, Visa or Discover): Card Number: _____ Exp Date: _____

Mail form and payment to: Parkway-Rockwood Community Ed, 1401 Froesel Drive, Ellisville, MO 63011

Participation Waiver

In return for being accepted into a program offered by the Parkway-Rockwood Community Education Department, ("the Program"), I:

1. Acknowledge that I understand the nature of the Program, and that I am qualified and in proper physical condition to participate in the Program. I further agree that if at any time I believe conditions to be unsafe with respect to my physical condition, the equipment, or facilities, I will immediately discontinue participation in the Program.
2. Further acknowledge that the program involves the risk of serious bodily injury (including the possibility of permanent disability, paralysis, or death), which may be caused by (a) my own actions or inactions, (b) the actions or inactions of others participating in the Program, (c) the condition of the equipment and/or facilities at which the Program is located, or (d) the actions or inactions of the entities and persons identified below; and I fully accept and assume all such risk and all responsibility for losses, costs, and damages I may incur as a result of my participation in the Program.
3. Accordingly, I hereby release the Parkway and Rockwood School Districts, together with their directors, officers, employees, volunteers, and agents from all liability, claims, demands, losses, or damages arising out of my participation in the Program; and I further agree that if, despite this release and waiver of liability agreement I, or anyone on my behalf, makes a claim released in this agreement, I will indemnify and hold harmless each entity and person released herein from any and all litigation expenses, attorney fees, loss, liability, damage, or cost they may incur as the result of such claim.
4. Acknowledge that from time to time, Community Ed employee/designee may photograph or videotape myself while I am involved in a Community Education program or activity. These photographs or videotape will solely be used by Community Ed for the promotion and marketing of district programs/activities and will not be sold. I have read this agreement, fully understand its terms, and have voluntarily entered into this agreement of my own free will based only upon the terms and conditions included herein.

Participant 1 Signature: _____ Date: _____

Participant 2 Signature: _____ Date: _____



Registration Information

ONLINE REGISTRATION

Online Registration is Quick & Easy!

Online registration continues to be the most convenient way to register. Visit us at www.prcommunityed.org.

CONNECT WITH US!

Keeping up-to-date is just a like, follow or click away!



www.prcommunityed.org



@Parkway-Rockwood Community Ed



@PRComEdDirector



@PRComEd



@Parkway-Rockwood Community Ed



Sign up for our e-news via our website

Parkway Golden Key Card & Rockwood Gold Card



The Parkway Golden Key Card and Rockwood Gold Card are free to district residents

age 60 and older and provide unlimited 50% discounts to qualifying Community Ed classes/programs as well as free-or-reduced admission to select shows and performances. Online registration is available at the discounted price at www.prcommunityed.org. Obtain a Parkway Golden Key Card/Rockwood Gold Card by completing a brief request form online at www.prcommunityed.org or call 636.891.6644 for more information.

Registration

Available online at www.prcommunityed.org. Registration may also be submitted by mail. Programs are filled on a first-come, first-serve basis. An adult registration form is available on page 44.

Fees and Cancellation Policy

Most Community Ed programs are fee-based programs, as we are self-supporting. Unless otherwise noted, all necessary materials and supplies are included in the registration fee. When possible, online registration is encouraged. If registering by mail, include fees with the registration form. Checks should be made payable to Parkway-Rockwood Community Ed. Returned payments will be handled in accordance with Rockwood School District finance procedures and applicable fees may apply.

Cancellation of classes/programs will be at the discretion of Community Ed. If a class/program is cancelled due to low enrollment, participants will be notified and receive a full refund. Customer-initiated cancellations made at least three business days prior to start of class or program may qualify for a refund minus a 5% processing fee. Customer-initiated cancellations made two or less business days prior to start of class/program or prior to second meeting of class/program with multiple meeting dates may qualify for a 50% refund. No refunds will be made following the second meeting of class/program. Adventure Club, Trek and Travel and Early Childhood programs may have separate cancellation policies. Visit our website for a list of payment and cancellation policies.

Nondiscrimination Policy

The Parkway and Rockwood School Districts have defined policies prohibiting discrimination against participants in programs and activities. To view the complete nondiscrimination policy of each district, visit www.parkwayschools.net (Parkway) or www.rsdmo.org (Rockwood).

Individuals with disabilities who require accommodations should call 636-891-6644. Reasonable accommodations will be made if they do not fundamentally alter the nature of the program.

Please note: Gold Card/Golden Key do not apply unless indicated. Program details are subject to change. For the most updated information visit www.prcommunityed.org or call **636.891.6644** for more information.



Winter/Spring At-A-Glance

PROGRAM NAME	AGE/GRADES	DATES	AREA	PAGE
ADULT EDUCATION & LITERACY				
Basic Education	Ages 17+	Various	Various	39-40
High School Equivalency Prep	Ages 17+	Various	Various	39-40
English as a Second Language	Ages 17+	Various	Various	41
TOEFL Preparation, Citizenship	Ages 17+	Various	Various	41
ADVENTURE CLUB				
	Gr. K-5	Various	Various	38
AQUATICS				
Adult Beginner Swim Lessons	Ages 18+	Various	Ellisville	36
Aqua Aerobics	Ages 18+	Starts Jan. 7	Ellisville	36
High School Prep	Gr. 9-12	Starts June 3	Chesterfield	32
Infant Swimming Resource	Ages 6 mth+	Various	Ellisville	33
Master/Lap Fitness Swimming	Ages 18+	Ongoing	Chesterfield, Ellisville	36
Pre-Competitive Swim Team	Ages 6-17	Starts Jan. 7, March 25	Ellisville, Fenton	33
Rockwood Swim Club Placements	Ages 5+	Dec. 10-11, March 11-12, May 20-21	Ellisville	32
SwimAmerica	Ages 6 mth+	Various	Various	33-35
Summer League Prep	Ages 5-18	Starts April 1	Eureka, Wildwood	32
ART				
Beginning Adult Acrylic Painting	Ages 18+	Starts Jan. 22/Jan. 24	Creve Coeur/Ellisville	7
Beginning Calligraphy	Ages 18+	Starts Jan. 23	Creve Coeur	7
Beginning Digital Photography	Ages 18+	Starts Jan. 22/March 28	Ellisville/Chesterfield	7
Crafting Studio	Ages 18+	Starts March 25	Chesterfield	7
Create Your Own Vision Board	Ages 18+	April 12	Ellisville	7
Create Your Own Vision Board	Gr. K-5 & Parent	Feb. 22	Ellisville	8
Dine and Paint Night	Gr. 1-5 & Parent	Feb. 22/April 5	Ellisville/Creve Coeur	8
Electrical Switch Plate Mosaic	Ages 18+	Jan. 28	Fenton	7
Floral Door Swag/Wreath	Ages 18+	Feb. 4	Eureka	7
Jewelry Making Combo Class	Ages 18+	March 28	Fenton	5
Jewelry Making Earrings	Ages 18+	Jan. 23	Fenton	5
Kids Night Out: Spring Spectacular	Gr. K-5	March 29	Ballwin	5
Kids Night Out: Winter Wonderland	Gr. K-5	Jan. 25	Ballwin	5
Madhubani Art - Indian Folk Art	Ages 12-18	Starts Jan. 24 & March 28	Chesterfield	5
Mosaic Frame Mommy and Me	Gr. Pre.K-3 & Parent	Feb. 5	Fenton	8
Parent-Child Art	Gr. K-5 & Parent	Starts Jan. 22	Ballwin	8
Parent-Child Acrylic Painting	Gr. K-5 & Parent	Starts March 28	Chesterfield	8
Photo Canvas Transfer	Ages 18+	Feb. 12	Fenton	5
Valentine's Heart Painting	Ages 18+	Feb. 7	Chesterfield	5
Weaving - Placemats	Ages 18+	Feb. 20	Eureka	5
BADMINTON				
	Gr. 3-8	Starts Jan. 14 and March 25	Chesterfield	20
BATON				
	Gr. K-5	Starts Jan. 16 & March 27/Jan. 17 & March 14	Chesterfield/Ellisville	20
BASEBALL				
Instructional Youth Baseball	Gr. 1-2	Starts March 26/March 28	Wildwood/Fenton	24
T-Ball Tots Instructional Program	Pre.-K-K	Starts March 26/March 28	Wildwood/Fenton	24
BASKETBALL				
Basketball Skills Clinics	Gr. 2-5	Starts March 26	Ballwin	18
Basketball Skills Clinics	Gr. 3-8	Starts March 13 & March 14	Creve Coeur	18
Spring Basketball Clinics	Gr. 3-8	Starts March 5 & March 6	Ballwin	18
High School Boys League	Gr. 9-12	Starts Jan. 5	Various	18
Mighty Mites	Gr. K-2	Starts Jan. 9/Jan. 12	Creve Coeur/Ballwin/Ellisville	18
CHEER & HIP HOP DANCE				
	Gr. 1-6	Starts March 25	Ballwin	20
COOKING				
Appetizers: It's A Party	Ages 18+	January 29	Ellisville	13
Breakfast Buffet	Ages 18+	March 27	Fenton	13
Parent-Child Cooking	Ages 18+	May 6	Ballwin	13
Positively Paleo	Ages 18+	April 9	Ellisville	13
Soup's On	Ages 18+	February 12	Ballwin	13
DAY TRIPS				
Stained Glass & Steeples	Ages 18+	April 10	Trip	13
Warm Springs Clydesdale Ranch & Les Bourgeois Winery	Ages 18+	May 16	Trip	13
The Orient Express	Ages 18+	June 14	Trip	13
DANCE				
Ballet, Tap and Jazz	Ages 3-6	Starts Jan. 28	Creve Coeur, Chesterfield	4
Ballroom, Latin & Little Bit of Swing	Ages 18+	Starts Jan. 28	Ballwin	4
Beginning Country Line Dancing	Ages 18+	Starts Jan. 28	Chesterfield	4
Intermediate Country Line Dancing	Ages 18+	Starts Jan. 30	Chesterfield	4
Hip Hop Dance	Ages 6-11	Starts Jan. 23	Chesterfield	4
Mommy and Me Dance Class	Gr. Pre.K-1 & Parent	Starts Jan. 22	Fenton	8
DRIVER EDUCATION				
Evening Driver Education	Age 15+	Starts Feb. 12	Wildwood	11
Drive Time Only	Age 15+	Various	Various	11
ENRICHMENT				
Basics of Bookkeeping	Ages 18+	Starts May 6 & March 4	Online	15
Beginning Guide to Social Media for Your Child	Ages 18+	Feb. 27	Ellisville	12
College and ID Theft	Ages 18+	May 4	Ellisville	11
Identity Theft	Ages 18+	March 2	Ellisville	11
Investigation Basics	Ages 18+	Jan. 26	Ellisville	11
Kids Night Out - Lego Mania	Gr. K-5	Feb. 22	Ballwin	10
Kids Night Out - Robotics	Gr. K-5	April 5	Ellisville	10
Kids Night Out - Slime	Gr. K-5	Feb. 1/May 3	Ellisville/Creve Coeur	10
Learn to be a Community Ed Instructor	Ages 18+	March 11	Ellisville	10
Mastering Microsoft Excel	Ages 18+	Starts April 1	Online	15
Mastering Your iPhone	Ages 18+	Jan. 31/Feb. 28/April 18	Creve Coeur/Fenton/Ellisville	12
Mindfulness	Ages 18+	Starts Jan. 28	Ellisville	12
Mountain Biking	Gr. 4-8	Starts March 26	Ballwin	10
Online Dating and Crime	Ages 18+	April 20	Ellisville	11
Podcasts	Ages 18+	Feb. 5/April 2	Ballwin/Ellisville	12
Thinking of Beekeeping?	Ages 18+	Feb. 25/April 10	Ballwin/Ellisville	12
TutorConnection	Gr. K-12	Various	Various	11
FAMILY PROGRAMS				
CSI Investigation: Family Edition	Gr. 3-6 & Parent	Feb. 15/March 8	Wildwood/Ballwin	9
Create Your Own Vision Board	Gr. K-5 & Parent	Feb. 22	Ellisville	8
Daddy & Me: Let's Build with Legos	Gr. K-5 & Father	Feb. 8	Ellisville	9
Dine and Paint Night	Gr. 1-5 & Parent	Feb. 22/April 5	Ellisville/Creve Coeur	8
GPS Family Programs	All Ages	Jan. 13 and April 7	Wildwood	30
Group Guitar	Age 12+ & Parent	Starts Jan. 23	Creve Coeur	6
Intro to Arabic Culture	Gr. K-5 & Parent	Starts March 27	Ballwin	9
Minecraft for the Family	Gr. K-5 & Parent	Starts Jan. 24	Ellisville	9
Minecraft for the Family	Gr. 3-5 & Parent	Starts March 28	Eureka	9
Mommy and Me Dance Class	Gr. Pre.K-1 & Parent	Starts Jan. 22	Fenton	8
Mommy & Me Parent Child Yoga	Ages 2-12 & Parent	March 8	Ellisville	28
Mosaic Frame Mommy and Me	Gr. Pre.K-3 & Parent	Feb. 5	Fenton	8
Ozark Rocks	Gr. 4-5 in 2019-20 & Parent	Sept. 14-15 and Sept. 28-29	Trip	31
Parent-Child Art	Gr. K-5 & Parent	Starts Jan. 22	Ballwin	8
Paint, Play and Picnic	Parent & Child	April 26	Ellisville	9
Parent-Child Acrylic Painting	Gr. K-5 & Parent	Starts March 28	Chesterfield	8
Parent-Child Chess	Gr. K-5 & Parent	Jan. 28 & March 25	Ballwin	9
Parent-Child Cooking	Gr. K-5 & Parent	May 6	Ballwin	13
Parent-Child French	Gr. K-5 & Parent	Starts Jan. 22	Ballwin	9
Yoga for Families: A Taste of Yoga	All Ages & Parent	Starts March 28	Chesterfield	28
Yoga for Families: A Taste of Yoga II	All Ages & Parent	Starts March 25	Chesterfield	28

All residents of the Parkway and Rockwood School Districts and beyond are welcome to participate in all Community Ed programs at any location (unless indicated). Register at www.prcommunityed.org.

PROGRAM NAME	AGE/GRADES	DATES	AREA	PAGE
FENCING				
Junior Fencing Program	Ages 10-14	Starts Jan. 23/Jan. 24	Ellisville/Chesterfield	20
FINANCE				
Be Alert to Financial Fraud: Outsmart the Scammers	Ages 18+	Feb. 6/Feb. 26	Ellisville/Creve Coeur	14
Estate Planning Basics	Ages 18+	Feb. 4	Chesterfield	14
Key Life Decisions: Are You Prepared?	Ages 18+	May 1	Ellisville	15
Planning for Long-Term Health Care	Ages 18+	Feb. 11	Chesterfield	14
Planning for the Unexpected	Ages 18+	April 10/April 16	Creve Coeur/Ellisville	15
Retirement Income Strategies	Ages 18+	Jan. 28	Chesterfield	14
Social Security Planning	Ages 18+	Feb. 25	Chesterfield	15
Women's Outlook	Ages 18+	Jan. 23/Jan. 29	Ellisville/Creve Coeur	14
FITNESS				
Ballet Barre Sculpting	Ages 14+	Starts Jan. 23	Ballwin	27
Boot Camp	Ages 14+	Starts Jan. 28	Ballwin	27
Core Strengthening	Ages 18+	Starts Jan. 23	Ballwin	27
Core & Restore	Ages 18+	Starts Jan. 28	Ballwin	26
Hip Hop Fitness Dance	Ages 18+	Starts Jan. 24 & March 28/Jan. 30 & March 27	Fenton/Eureka	26
Stretching & Flexibility	Ages 18+	Starts Jan. 22/Jan. 24	Ballwin/Chesterfield	27
FLAG FOOTBALL				
	Gr. K-8	Starts Week of March 4	Various	21
FOREIGN LANGUAGE				
Beginning Spanish	Ages 18+	Starts Jan. 24/March 28	Ballwin/Creve Coeur	12
Parent-Child French	Gr. K-5 & Parent	Starts Jan. 22	Ballwin	9
GOLF				
Junior and Adult Golf Clinics	Ages 13-Adult	Starts Jan. 27 or March 24	Valley Park	19
Youth Golf Clinics	Gr. 1-5	Starts Jan. 27 or March 24	Valley Park	19
GYMNASTICS				
Ninja Obstacle and Gymnastics	Ages 7-11	Sessions start in January and March	Chest., Ballwin, Creve Coeur	20
Preschool Gymnastics	Ages 3-6	Sessions start in January and March	Chest., Ballwin, Creve Coeur	20
HOME CONTRACTING				
Be Your Own General Contractor	Ages 18+	Feb. 4/April 1	Ballwin/Chesterfield	16
LACROSSE				
Developmental Lacrosse	Gr. 4-6	Starts March 23	Ellisville	24
Intro to Lacrosse	Gr. 1-3	Starts March 23 and April 27	Ellisville	24
Lacrosse Game Training	Gr. 6-8	Starts March 23	Ellisville	24
MARTIAL ARTS/SELF DEFENSE				
Karate	Ages 4 and Up	Starts January and March	Ballwin/Creve Coeur	25
Women's Night of Self Defense	Age 18 and Up	Feb. 21/March 14	Ballwin/Creve Coeur	25
MEDITATION				
	Ages 18+	Starts March 28	Chesterfield	26
MUSIC				
Group Guitar	Age 12+ & Parent	Starts Jan. 23	Creve Coeur	6
OUTDOOR EDUCATION				
GPS Egg Hunt	All Ages	April 7	Wildwood	30
GPS Winter Wonderland	All Ages	Jan. 13	Wildwood	30
PERFORMING ARTS				
Auditioning for the Inexperienced	Ages 6+	March 12	Ellisville	6
Making Mighty Magicians	Gr. 4-6	Starts Jan. 28	Creve Coeur	6
Spotlight Productions Auditions	Ages 6+	April 5 and April 6	Ellisville	6
Show Choir	Gr. 3-8	Auditions Jan. 28, Rehearsals start Feb. 4	Ballwin	6
REAL ESTATE				
Contract Overview	Ages 18+	Jan. 24	Ellisville	16
First-Time Home Buyers	Ages 18+	Feb. 20	Creve Coeur	16
Sellers: Getting Your Home Market Ready	Ages 18+	April 3	Ballwin	16
What to Expect from a Home Inspection	Ages 18+	Feb. 25/April 15	Ellisville/Creve Coeur	16
SOCCER				
Developmental Soccer Program	Gr. K-5	Starts March 30	Ballwin	24
Indoor Soccer/Futsal League	Gr. K-5	Starts Jan. 16, Jan. 18	Various	19
Soccer All Stars	Ages 3-6	Starts March 23	Various	24
SPORTS SPECIALTY PROGRAMS				
Elite Sports Performance	Gr. K-5	Starts March 27	Chesterfield	21
Multi Sports Skills Training	Gr. K-5	Starts March 27	Chesterfield	21
TAI CHI				
Tai Chi Yan 24 Beginning	Ages 18+	Starts Jan. 28	Ballwin	25
Tai Chi Yan 24 Continuing	Ages 18+	Starts Jan. 28	Ballwin	25
Tai Chi Yan 24 Advanced	Ages 18+	Starts Jan. 28	Ballwin	25
Tai Chi (CMC37) Beginning	Ages 18+	Starts Jan. 22 and March 26	Town & Country	25
TENNIS				
Adult Tennis Clinics	Ages 18+	Starts March 23	Manchester & Wildwood	19
Junior Tennis Clinics	Ages 5-18	Starts March 23	Manchester & Wildwood	19
TREK AND TRAVEL TRIPS				
Atlantic Coastal Quest	Gr. 9-10 in 2019-20	June 16-22	Trip	31
Great Lakes Voyage	Gr. 6-8 in 2019-20	July 21-27	Trip	31
Ozark Rocks	Gr. 4-5 in 2019-20 & Parent	Sept. 14-15 and Sept. 28-29	Trip	31
Smoky Mountain Adventure	Gr. 5	Spring 2019	Trip	31
TUTOR CONNECTION				
	Gr. K-12	Various	Various	11
VOLLEYBALL				
Co-Ed Open Play	Ages 18+	Starts Jan. 9	Creve Coeur	22
Co-Ed Recreational League	Ages 18+	Starts Jan. 11/Feb. 12	Ballwin/Ellisville	22
Developmental Program	Gr. 5-8	Starts Jan. 16	Chesterfield	22
Youth Volleyball League	Gr. 3-8	Starts Week of March 4	Various	22
Rockwood Thunder Volleyball Programs	Ages 5+	Various	Various	23
WINTER SPORTS				
Learn to Ski	Ages 8+	Starts Week of Jan. 7	Wildwood	21
Learn to Snowboard	Ages 12+	Starts Week of Jan. 7	Wildwood	21
YOGA				
Beginning Yoga	Ages 18+	Starts Jan. 23 & March 27/Jan. 24 & March 28	Chesterfield	28
Beginning Yoga II	Ages 18+	Starts Jan. 23	Chesterfield	28
Continuing Yoga	Ages 18+	Starts Jan. 28, March 25, March 27	Chesterfield	28
Mommy & Me Parent Child Yoga	Ages 2-12 & Parent	March 8	Ellisville	28
Restorative Yoga	Ages 18+	Starts Jan. 28 & March 25	Ellisville	29
Root Yoga	Ages 18+	Starts Jan. 28 & March 25	Ellisville	29
Vinyasa Yoga	Ages 18+	Starts Jan. 22 & March 26	Ellisville	29
Vinyasa Flow Yoga	Ages 18+	Starts Jan. 28	Ballwin	29
Yin Yoga	Ages 18+	Starts Jan. 22 & March 26	Ellisville	29
Yoga for Families: A Taste of Yoga	All Ages & Parent	Starts March 28	Chesterfield	28
Yoga for Families: A Taste of Yoga II	All Ages & Parent	Starts March 25	Chesterfield	28
Yoga for Men	Ages 18+	Starts Jan. 28	Chesterfield	29
ZUMBA				
Advanced Zumba	Ages 18+	Starts Jan. 28	Ballwin	27
Zumba with Julie	Ages 18+	Starts Jan. 22/Jan. 24	Ballwin/Chesterfield	27
Zumba	Ages 18+	Starts Jan. 30 & March 27/Jan. 24 & March 28	Eureka/Fenton	26

Please note: Program details are subject to change. For the most updated information visit www.prcommunityed.org or call or text 636.891.6644 for more information.



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Eureka, MO 63025-1229

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Fill your plate with art, dance, day trips, enrichment, fitness, music, outdoor education and sports.
There are programs for youth, adults and families!

- Dance for Adults & Youth.....Pg. 4 • Sports for Youth.....Pgs. 18-25
- Art for YouthPg. 5 • Fitness for Adults..... Pgs. 25-29
- Art for Adults Pgs. 5, 7 • Outdoor Education Pgs. 30-31
- Family ProgramsPgs. 8-9 • Youth Aquatics..... Pgs. 32-35
- Enrichment for Adults....Pg. 11-16 • Adult Aquatics.....Pg. 36

Find a program for you at www.prcommunityed.org